

Fellowship in Self-Harm and Suicide prevention

Background and Goal of the Fellowship:

Individuals who engage in self-harm or present with suicide-related ideation are at increased risk of dying by suicide. Providing expert interventions at times of crisis improves both engagement with services and outcomes.

This ASPIRE post CSCST-fellowship will be based with the Liaison Psychiatry Services in Cork University Hospital (CUH). It will provide training in the core aspects of the assessment, treatment and multidisciplinary team (MDT) management at a senior level of individuals who present following self-harm and suicidal related ideation to primary, secondary and tertiary care settings (0.5 WTE). There is a strong emphasis on research and service development in our department and dedicated time for this (0.5 WTE) is built into this Fellowship.

The aims of this Fellowship align with national suicide prevention strategies 'Connecting for life' and the 2021 National Clinical Care Programme for Self harm (NCCPSH). The successful candidate will be based with the Liaison Psychiatry service at Cork University Hospital (CUH).

Clinical commitment (0.5 WTE)

- 1 day with the self-harm services at CUH, providing clinical leadership under consultant supervision. Experience assessing and managing the care of individuals following high lethality self-harm. Educational role (alongside CNS addiction) for ED staff and doctors in training in self-harm assessment
- 1 day with East Cork Home based treatment team. Under consultant supervision, the Fellow will provide clinical supervision for the Suicide Crisis Assessment Nurse (SCAN) specialist. Developing experience and skills in managing suicidal ideation in primary care and building relations with primary care practitioners outside of the community mental health team.
- 0.5 day with North Lee Home based treatment team (HBTT). Under consultant supervision, the Fellow would be in developing a weekly clinic to provide psychiatric care to individuals who are recurrently self-harming referred to the HBTT alongside other members of the MDT.

Research Commitment (0.5 WTE)

- 2 days in research. The successful candidate will develop and undertake a research project in collaboration with the National Suicide Research Foundation (NSRF) at University College Cork. This could be a new study in a 'priority group' or one using existing data gathered by NSRF.
- 0.5 days in service development. This could be used in developing and writing a quality improvement/service development project.

Informal enquires: Dr Eric Kelleher, Consultant Liaison Psychiatrist, CUH & Honorary Senior Lecturer University College Cork eric.kelleher@hse.ie, eric.kelleher@ucc.ie