



Aspire Post CSCST Fellowship in Early Intervention in Psychosis, National Demonstration Site, Sligo Leitrim Mental Health Service, July 2022.

This Aspire Post CSCST Fellowship provides an exciting opportunity to acquire additional training and experience in an innovative and evidence based National Site Demonstrating the Model of Care for Early Intervention in Psychosis (EIP), based in Sligo Leitrim Mental Health Service.

The EIP Service in Sligo Leitrim provides recovery orientated person centred care using evidence based multidisciplinary interventions for service users and their families. Interventions include; EIP Key Working, CBTp, BFT, IPS, OT, Pharmacotherapy, Physical Health Care, Co-morbidities and Psychoeducation.

Becoming an active member of our multidisciplinary Hub and Spoke EIP Team will provide excellent experience and opportunities in service delivery, leadership and in service development. Opportunities for; evaluation, training, supervision, specialist interventions and complex case management will be available.

Developing an expertise in all aspects of physical healthcare interventions and pharmacological interventions including clozapine in conjunction with our CMHTs and with Primary Care will be encouraged and will provide further opportunities for audit and research. Opportunities to develop core aims of EIP including: reductions in the duration of untreated psychosis (DUP), early detection, pathways into care and at risk mental state assessments (ARMS) will be encouraged and supported.

Opportunities for continued professional development and training within the EIP Service locally, nationally and internationally will be available. Close links with EIP Services nationally, EIP national office and with the EIP national research network will provide opportunities for; training, teaching, research and service delivery. We have well established research links with Trinity College Dublin who are conducting a Process Evaluation of the Implementation of the Model of Care by the three Demonstration Sites in Ireland and with the Department of Psychology NUIG, PSYch Study; Improving Psychosocial Supports in Youth Mental Health using Moderated Online Social Therapy (MOST) and CRT plus Social Recovery Orientation CBT. We are also submitting our data through the EIP National Office to ensure ongoing evaluation of the service to ensure quality and standard setting and to the National Clinical Audit for Psychosis, RCPsych, England, Wales and Ireland. There will be opportunities for audit and research through these established links as well as locally within SLMHS. SLMHS has a very good track record in published research. Opportunities for EIP audit and research will be fully supported by our service

The development of a Maastricht Interviewing Centre for Excellence in conjunction with Service Reform and the continued development of the recovery focussed EOLAS Program for our Service Users and Families are other examples of service development opportunities within our team. Opportunities for training and engagement in Hearing Voices and Maastricht Interviewing will be available as well as opportunities to engage in psychological interventions.

There will also be opportunities to further clinical experience working alongside Dr Donagh O'Neill and the Community Mental Health Team.

Dr Donagh O'Neill, Consultant Psychiatrist and Clinical Lead EIP Service, SLMHS can provide any additional information and advice regarding this post. Email address: donagh.oneill@hse.ie