

ASPIRE Fellowship Award 2021 in Child and Adolescent Eating Disorders

Applications are invited for a one year ASPIRE (Post CSCST) Fellowship, funded by the HSE NDTP unit and approved by the College of Psychiatrists in Ireland. This fellowship will be supervised by Dr Sara McDevitt, Consultant Child and Adolescent Psychiatrist, and is based at the Child and Adolescent Regional Eating Disorder Service (CAREDS) in Cork.

ASPIRE Fellowship awards

NDTP Aspire (Post CSCST) Fellowships are a programme of highly prestigious fully-funded post-CSCST fellowship training opportunities that provide structured, certifiable educational experience. They are the result of the collaborative efforts of HSE's National Doctors Training and Planning (NDTP) and postgraduate medical training bodies.

ASPIRE Fellowships provide a unique high quality fellowship experience in Ireland that will improve competitiveness for positions within Ireland. These Fellowships also provide formal recognition of achievement following completion of the fellowship from the relevant Irish Post Graduate Medical Education Body/Bodies. Ten awards were announced for 2021 including two in mental health.

Doctors eligible to be appointed into one of the NDTP Aspire fellowships must be within three years of CSCST and have completed their HST training within an Irish Postgraduate Training Body. They have eligibility to access the Higher Specialist Training Fund during the fellowship.

Fellowship details

This Fellowship will provide a unique opportunity for a post-CSCST doctor to develop their clinical, leadership, educational and research skills in the field of eating disorders. They will work within a regional specialist eating disorder service and with the HSE National Clinical Programme for Eating Disorders (NCPED). The HSE is committed to developing specialist eating disorder services across Ireland as part of its national Model of Care for eating disorders. This post will provide a valuable opportunity for someone interested in specialising in eating disorders, as well as those interested in developing their skills in this area as part of their broader Consultant role in the future.

Duration:

This Fellowship is funded at the highest point of the SpR salary for a period of 12 months to cover the July 2021 to July 2022 training year. The successful candidate will be expected to take up the post in July 2021 or as soon as possible thereafter.

Location:

Child and Adolescent Regional Eating Disorder Service (CAREDS) Cork Kerry, Fastnet House, Model Farm Road, Cork City.

Clinical experience and role

The successful applicant will be based in our community based service and gain unique experience in delivering eating disorder care and treatment through specialist outpatient and day programme settings provided by CAREDS. This includes developing innovative forms of service delivery such as telehealth, intensive outpatient treatment and hospital inreach collaborative pathways when young people are admitted medically. The post holder will work closely with other members of the MDT which includes psychiatry, paediatrics, dietetics, psychology, social work, family therapy, specialist nursing and occupational therapy.

CAREDS provides a variety of treatment pathways for young people across the range of eating disorders including FBT, FT-ED, CBT-E, Group and Multifamily therapy, CRT, meal support and coaching amongst others. Due to the specific nature of eating disorders, we have a systemic, interprofessional and integrated approach to providing community based mental and physical care for our young patients and their families.

The post holder will also experience being part of the National Clinical Programme for Eating Disorders hub network, which includes access to specialist eating disorder training events and resources, training and supervision in FBT and CBT-E, training and service development days, and access to a peer network for consultation and support. This includes the opportunity to visit other services providing eating disorder care nationally, to engage with NCPED leadership, to experience new service development and innovation, and to collaborate with NCPED in clinical audit, training and research.

CAREDS has close links to UCC through several of its clinical disciplines including psychiatry, and opportunities to enhance teaching skills and develop educational programmes in relation to eating disorders will be encouraged.

Eligibility Criteria:

Applicants must be registered as a specialist in the Specialist Division of the Register of Medical Practitioners by the Medical Council in Ireland in the speciality of Child and Adolescent Psychiatry. Applicants must be no more than three years post completion of a CSCST and have completed their HST training within an Irish Postgraduate Training Body.

In the case where a candidate has been appointed to the fellowship subject to completion of CSCST sign off from the relevant training body must be obtained.

In order to assist the selection process, applicants should submit a CV with a brief covering letter.

Closing date for application is:

5 March 2021

Further Information

Informal enquires about this post can be made to Dr Sara McDevitt at 021- 4659702 or by email at CAREDSCorkKerry@hse.ie