

### PRESS RELEASE 19th September 2019

## "Hot Topics in Psychiatry" series launches this month

# The 'Hot Topics in Psychiatry' events aim to address topical clinical issues facing psychiatrists in Ireland today.

Now in its fifth year, the College is delighted to launch its Hot Topics series for this academic year, continuing the opportunity for Psychiatrists to hear from speakers on a wide range of topical issues relevant to Psychiatry. An evening format of *Two Speakers, Two CPD Credits, One Thursday per month* makes it easy for clinical professionals to maintain continuing professional development in an increasingly busy working environment.

The series kicked off on Thursday, 12<sup>th</sup> September with a session by Drs Michelle Clifford and Caroline Maher on *Diagnostic dilemmas and comorbidities in Eating Disorders* and will continue with dates in Dublin, Galway and Cork until April 2020.

Upcoming "hot topics" include *Phenomenology: Revisited* with Dr Brian O'Shea, *Game On! Is Gaming a Lifestyle or a Disorder?* with Dr Gerry McCarney and *The Psychiatrist's Experience in Treating Borderline Personality Disorder: Joys and Challenges* with Dr Evelyn McCabe.

Director of Professional Competence, Dr Lorcan Martin says:

"Exploration of emerging areas in Psychiatry, best practice and evidencebased approaches facilitates ongoing learning in a supportive peer environment. Feedback from Hot Topics attendees has been particularly helpful in guiding the direction of the series, and we're delighted our members can continue to hear directly from their specialist colleagues on clinical subjects of interest".

Aiming to offer a diverse cross section of interest to all who attend, previous meetings have proven popular with Psychiatrists, doctors from other medical specialties, and a range of other healthcare professionals, creating a rich learning environment.

Topics in the 2019/20 series include: -

- GDPR for the Psychiatrist
- Phenomenology
- Easing the Care Burden & Dealing with the family/carers in crisis



- Game on! Is gaming a lifestyle or a disorder?
- Gambling disorder an update for clinical practice
- The Psychiatrists experience in treating borderline personality disorders: Joys and challenges
- An update on chronic kidney disease with a focus on lithium

Click here for the full programme of speakers and event updates

### **Ends**

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#### Notes for the Editor:

The College of Psychiatrists of Ireland was formed in 2009. It is the professional body for psychiatrists in the Republic of Ireland. The Mission of the College of Psychiatrists of Ireland is to promote excellence in the practice of psychiatry. The College of Psychiatrists of Ireland is the sole body recognised by the Medical Council and the HSE for the training of doctors to become specialists in psychiatry and for the continuing assurance of the career long competence of specialists in psychiatry. The College supports the delivery of mental health services in line with the recovery model and supports the delivery of the national policy on mental health services A Vision for Change.