



## Hot Topics in Psychiatry

TWO SPEAKERS, TWO CPD CREDITS!

**GALWAY - TUESDAY 15TH JANUARY 2019**

6:30pm - 8:30pm

Clayton Hotel Galway (Ballybrit)

DATE:	Tuesday 15th January 2019
TIME:	6:30pm - 8:30pm (Registration & Coffee 6.00pm - 6:30pm)
VENUE:	Ballroom 2, Clayton Hotel Galway (Ballybrit) Free Parking - ( <a href="#">Click here for directions</a> )
FEE:	CPsychl members: €30 Psychiatrists (Non-CPsychl members): €90 Other Specialties (Non-Psychiatrists): €50 Continuous Professional Development Support Scheme (CPD-SS): Limited CPD-SS places available and <u>must be booked in advance</u> by emailing completed booking form to <a href="mailto:louise@irishpsychiatry.ie">louise@irishpsychiatry.ie</a>

### PROGRAMME

#### TOPIC: "DIABETES AND MENTAL DISORDERS: THE CART OR THE HORSE?" JOINT PRESENTATION BY: PROF SEÁN DINNEEN & DR ANNE DOHERTY

*Prof Dinneen will speak first on an overview of the management of diabetes, and the psychological barriers to managing t1dm in young people. Dr Doherty will then speak on the topic of co-morbidities and optimal management with reference to new research and the joint JBDS/RCPsych guidelines.*

**Learning Outcomes:** (a) update knowledge on the modern management of diabetes; (b) update knowledge on the epidemiology for associations of diabetes with mental disorders and the associated increased morbidity and mortality rates; (c) understand psychological barriers to diabetes self management especially in young people; (d) understand what psychiatrist can do to lower the mortality of patients with diabetes.



#### **SPEAKER: PROF SEÁN F. DINNEEN, MD, MSC, FRCPI**

**Consultant Endocrinologist, Galway University Hospitals & National Lead for the Diabetes Clinical Programme**

Seán Dinneen graduated from University College Cork Medical School. After a period of postgraduate training and work experience in the USA (Mayo Clinic), Canada (McMaster University) and the UK (Addenbrooke's Hospital) he returned to Ireland as an Academic Endocrinologist. He was part of successful bids that brought a School of Podiatry and a Clinical Research Facility to NUI Galway. He served as Head of the School of Medicine from 2013 to 2016. In June 2016 he was appointed National Lead for the Diabetes Clinical Programme of the HSE and received a Personal Professorship from NUI Galway.

His professional interests include developing and evaluating programmes of self-management education and support for people living with diabetes, developing optimal models of community-based diabetes care and understanding the diabetic foot. He is a Regional Editor (for UK and Ireland) with Diabetic Medicine, the journal of Diabetes UK and is Clinical Lead for Schwartz Rounds in Galway University Hospitals.



#### **SPEAKER: DR ANNE DOHERTY, MB BCH MRCPsych MMedSc MD**

Anne is **Consultant Liaison Psychiatrist at Galway University Hospitals**. Prior to moving to Galway in 2016, she was Consultant Liaison Psychiatrist at King's College Hospital, London, where she led the 3 Dimensions of Care for Diabetes service (3DFD), a multi-disciplinary team for people with poorly controlled diabetes and co-morbid psychiatric disorders. Among other awards, 3DFD was awarded the BMJ Team of the Year Award 2014 and NHS Innovation Challenge Prize 2015. Anne's research interests include mental disorder in the context of long term conditions, and adjustment disorders. She is Editor in Chief of the Books Programme at the Royal College of Psychiatrists, London.