



College of Psychiatrists  
of Ireland

Wisdom • Learning • Compassion

## **PRESS STATEMENT: 19/10/18**

### **College of Psychiatrists Disappointed to see Findings of Inspector of Mental Health Services show Increased use of Seclusion and Restraint in our Hospitals.**

The College is very disappointed to see the data published today on levels of restrictive practices in hospitals. This is another manifestation of the under-resourcing of services for people with serious psychiatric illness.

Seclusion and restraint should only be necessary in extreme circumstances as early intervention and support should prevent any individual becoming so unwell that their safety or the safety of others requires such intervention. Unfortunately the experience of frontline psychiatrists in Ireland currently is that they lack the resources in trained personnel to ensure all people in need get the variety of evidenced based, individualised interventions they require.

Commenting Dr John Hillery, President of the College, said;

*“The recently announced larger amounts of money in Budget 2019 for mental health services still do not bring Ireland up to the level of required funding for psychiatric services in line with the Sláintecare recommendation of 10% of the overall Health budget and when compared to other countries.*

*The College once again calls on government to rectify this”.*

#### **ENDS**

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#### **Ends**

#### **Notes for the Editor:**

The College of Psychiatrists of Ireland was formed in 2009. It is the professional body for psychiatrists in the Republic of Ireland. The Mission of the College of Psychiatrists of Ireland is to promote excellence in the practice of psychiatry. The College of Psychiatrists of Ireland is the sole body recognised by the Medical Council and the HSE for the training of doctors to become specialists

in psychiatry and for the continuing assurance of the career long competence of specialists in psychiatry. The College supports the delivery of mental health services in line with the recovery model and supports the delivery of the 2006 national policy on mental health services *A Vision for Change* in line with recommendations for adjustment 11 years on.