



**College of Psychiatrists  
of Ireland**

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**PRESS STATEMENT  
Monday 18<sup>th</sup> June 18 2018**

## **Snails on Walls or Fast Trains to Airport - Psychiatrists question priorities on Mental Health**

**The President of the College of Psychiatrists, Dr John Hillery has questioned the priority of the Minister for Finance in funding a train to the airport where services for carers are shambolic and mental health professionals are working in clinics with snails climbing up the walls.**

In a keynote address to the Family Carers Ireland conference “Life After Care”, Dr Hillery said he resigned this year from the HSE because there has been so little progress in mental health services and an unwillingness for rapid change.

“The fact that we are still discussing these issues as needs rather than as facts is a disgrace. It is one of the reasons I resigned my clinical post earlier this year after nearly 30 years in the mental health and intellectual disability services as a trainee and consultant.”

“The inability for rapid change in systems and poor environments was always a frustration. The introduction of regulation of environments with HIQA provided great hope but seemed to me to become somewhat of a box ticking exercise. Regulation in the services I mostly worked in was not interactive from my point of view with reports written without a right to correction or other reply. It seemed to be what is known in regulatory circles as ‘whack a mole regulation’, after the old fair ground game, where a hammer is applied to the figure whose head sticks up.”

“Our health service has major staffing problems. No one seems to have connected the difficulties in recruitment and retention to the culture and environment of the main employer, the HSE. Reports of snails on the walls of the clinic and no hope of improvement until a successful business case was made for environmental improvements seems to be bureaucracy gone mad.”

“I continued to spend too much time writing memos and making phone calls advocating for respite and other supports for individuals and carers that should be taken for granted. One example being the way young people with intellectual disability and challenging behaviour lose their respite and sometimes other services once they leave school. It continues to amaze me that this was an issue when I was first a consultant and is still an issue today.”

“Though government ministers regularly communicate their intention for reform in the mental health services the current situation leads me to question the intent. Our structures lack governance. The HSE has no board and an acting CEO. The main policy on mental health services A Vision for Change recommended a leader in this area but recently the last CEO absorbed the Mental Health Division into a bigger grouping thus removing the focus at the necessary high administrative level from mental health. This allied to the fact that the national budget for mental health services remains at 6% when a Vision for Change recommended a higher figure 10 years ago and when that of equivalent countries is around 12% gives the lie to stated commitments to services for people with mental health problems. The Minister for Mental Health has been quoted as saying that the current budget is sufficient despite these comparators and issues such as lack of appropriate teams and environments for mental health service delivery.”

“The lack of implementation of reports and legislation such as the Carers Strategy and the Capacity Act which would make life easier for patients, carers and those working to support them is another sign of a lack of true commitment to change.”

We continually hear of how Slainte Care, the cross party policy for the future of the health services, will revolutionise our health services. Yet the fact that the proposed lead has not yet been advertised for nearly a year on and that that leader will not now be based in the Taoiseach’s department as proposed in the plan again suggests a lack of commitment to change at the highest level in our country.”

“It may be that there is no money for these issues. However if that is so why is there money for less important issues such as Metro link. We also will soon see a large investment in services that will follow from abortion legislation. It will be ironic if moneys go in that direction at the expense of people who need support to live the lives they would like to live despite chronic illness or disability.”

“We need transparent, simple governance of our health service as regards financing, planning and delivery. The multiple layers and cross responsibilities, a diagram of which resembles a Jackson Pollock painting, have to be reduced into a simple effective model with allocated decision making and accountability.”

Ends.

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