



'Recovery': Embracing the Challenges – Approach for Psychiatry?

A One Day Workshop for College Members Only

Supported by the HSE and ARI (Advancing Recovery in Ireland)

DATE:	Wednesday 21 st February 2018	DUBLIN	Ashling Hotel
	Wednesday 28 th February 2018	LIMERICK	Clayton Hotel
TIME:	Registration & Coffee 08.45 - 09.15hrs. Programme 09:15 - 16:00hrs.		
FEE:	€50 registration fee, which will be donated to a charity (TBC)		
CPD:	5 External CPD credits (covering all Eight Domains of Good Professional Practice)		

Programme *(may be subject to change)*

MORNING 09:15 - 12:00

Welcome and Opening Remarks

Dr Miriam Kennedy, CPsychl Director of Communications & Public Education; Consultant Psychiatrist, General Adult Psychiatry and Later Life Psychiatry

The Organisational Context for Recovery

Dr Philip Dodd (Dublin 21st February only), Clinical Lead HSE, Mental Health Division
Dr John Hillery (Limerick 28th February only), CPsychl President, Consultant Psychiatrist

Personal Recovery and Psychiatry - Context for a College Position Paper on Recovery

Dr Dominic Fannon, Consultant Psychiatrist Social & Rehabilitation Psychiatry, Early Intervention in Psychosis Programme Site Lead

How to Practice in A Recovery Focused Way - Introduction to roundtable discussion

Dr Marina Bowe, Consultant Psychiatrist, General Adult Psychiatry
Margaret Sweeney, Recovery Consultant

10:30 - 12:00 ROUNDTABLE DISCUSSIONS

Roundtable Discussion 1 - Recovery in Practice

How to Practice in a Recovery Focused Way

AFTERNOON 13:00 - 16:00

Outcomes in Recovery Focused Services: the Business Case for Supporting Recovery

Prof Julie Repper, Associate Professor, University of Nottingham and Director, ImROC (Implementing Recovery through Organisational Change)

National Recovery Framework - Introduction to roundtable discussion

Michael Ryan, Service Improvement Lead, HSE Mental Health Division

14:00 - 16:00 ROUNDTABLE DISCUSSIONS

Roundtable Discussion 2 - Recovery in Services

How do Psychiatrists as Team Leaders and Managers engage with this Service Requirement?

15:30 - 16:00 Closing remarks, CPD certificates

Workshop Objectives

The aim of the workshop is to provide an opportunity for College members to give feedback which will inform the development of a College Position Paper on Recovery. For the workshop to achieve its objective and delegates to fulfil their learning objectives, attendance for the full day is necessary.

Learning Outcomes:

- To increase awareness and understanding of the relevance of personal recovery to contemporary mental health services amongst College members
- To explore the implications for psychiatrists of Recovery focused support and treatment
- To identify concrete applications of a recovery approach to psychiatric practice and service delivery.

SPEAKER BIOGRAPHIES



Dr Miriam Kennedy is a dual qualified Consultant Psychiatrist in General Adult psychiatry and Later Life (over 65) with a particular interest in Mood Disorders and Depression. With an additional doctorate in medical physiology and a qualification in interpersonal psychotherapy, her approach emphasises a biopsychosocial model of treatment. She works in Highfield Healthcare in acute inpatient and (new) general adult day hospital services, and also serves a later life long term care group. A senior lecturer at RCSI and TCD (honorary), Dr Kennedy has wide experience in education, teaching and learning at undergraduate and postgraduate levels. Research and professional interests include Capacity and Consent to treatment (Human rights) and medical education. In August 2017 she took up the additional role of Director of Communications and Public Education at the College of Psychiatrists of Ireland.



Dr Philip Dodd (Dublin 21st February only), MB., MSc., MRCPsych., MA., MD., is Consultant Psychiatrist/Director of Psychiatry at St. Michael's House Services in Dublin. He is Associate Clinical Professor at University College Dublin. Since July 2016, he is the National Clinical Development Lead for MHID Service development, with the HSE. His research interests include complicated grief, ageing, & mental health service development.



Dr John Hillery (Limerick 28th February only), is a Consultant Psychiatrist in the services for people with intellectual disability run by Stewarts Care, Dublin and St. John of God Kildare Services as well as the HSE Mental Health Services at Tallaght. He is a former President of the Medical Council and the International Association of Medical Regulatory Authorities. Dr Hillery was also a member of the Council of the Pharmaceutical Society of Ireland and of the Independent Monitoring Group of A Vision for Change (the national policy on Mental Health). He is currently the President of the College of Psychiatrists of Ireland having formerly been the Director of Communications and Public Education.



Dr Dominic Fannon works as Consultant General Adult Psychiatrist with a special interest in Rehabilitation in Mayo Mental Health Service, Ireland. He completed professional training in Ireland and at the Maudsley Hospital, London. His clinical and research interests include the management of psychosis, psychological treatments, early intervention and Recovery in Mental Health Services.



Dr Marina Bowe is a Consultant General Adult Psychiatrist at Highfield Healthcare. In addition to working as a consultant in General Adult Psychiatry she has worked in rehabilitation, old age and psychiatry of intellectual disability at consultant level. Dr Bowe has a background in service development and has previously worked with the Genio in the role of Programme Manager for Mental Health. Her publications include being lead author on a book "Home not Hospital" which looks at the evolution of Ireland's first home treatment team. Her area of interest is in the delivery of recovery focused Mental Health Services. Marina has provided "Recovery Consultancy" to the National Advancing Recovery in Ireland initiative. She has had additional training the areas of personal recovery and social role valorisation.



Prof Julie Repper is Director of ImROC to develop systems, services & cultures that support recovery & wellbeing for all. Julie is also Recovery Lead at Nottinghamshire Healthcare Trust & joint editor of the Journal of Mental Health & Social Inclusion. Julie has extensive experience of working as a nurse, manager, researcher and lecturer in mental health services, she has also been a Trustee of various voluntary sector groups, sits on a number of National committees and uses mental health services herself. She strives to work across boundaries & with whole systems to support collaborative approaches to facilitating Recovery.



Michael Ryan has been in a project lead role for Advancing Recovery in Ireland since 2012 and is currently a Service Improvement lead with the national mental health division. In this role he has led on the development of the National Framework for Recovery in Mental Health, 2018-2020. Michael has an educational background with lived mental health experience and has worked in a variety of roles supporting mental health recovery innovation and advocacy.



Margaret Sweeney is a founder member of the Involvement Centre in Carlow, a place for people to meet and get involved in recovery. She plays an active role in the development of recovery in mental health services and is a Recovery Consultant, Recovery Principle and Practice trainer, WRAP and EOLAS facilitator. Margaret is experienced in delivering talks, presentations and workshops in the area of recovery and coproduction.



Catherine Brogan (Facilitator) Managing Partner, ARI, has a background as a nurse in both Intellectual Disability and Mental Health. Catherine has held numerous posts at all levels of mental health and suicide prevention in the HSE, including Executive Director Samaritans Ireland. She has a Hdip in Health Promotion, is a Certified Project Manager, Events Manager, Certification in Charity Law and an Advanced Diploma in Personal and Executive Coaching. Catherine co-founded and co-ordinates Turas Le Cheile, support for those bereaved including those bereaved by suicide, provides Psychological First Aid to communities in the aftermath of tragic incidents and is a Director of Alcohol Action Ireland.



Gina Delaney (Facilitator) has worked and volunteered with various groups and organisations such as Samaritans, Family Carers Ireland, CLASS (Carer Liaison and Support Service), and the Kilkenny Consumer Panel for Mental Health and most recently as Managing Partner for ARI. She has a BA in Humanities and is a qualified WRAP, EOLAS and Recovery Principles facilitator. She is also supported her mother who was a service user. From this she is passionate about recovery for the whole family and the on-going development of recovery focused services.