



Dear Colleague,

We are delighted to bring you another update on Professional Competence matters. This Winter Conference in Dunboyne Castle Hotel sees our PCS workshop (Thursday, 16:15 hrs) focusing on *Professional Competence now, and the shape of things to come*. Professional competence schemes across all training bodies are undergoing review and consultation with the Medical Council in 2017. Our workshop will bring you up to date on recent changes to our PCS guidance; proposed changes in the offing; some challenges and common issues; and will consider the shape of things to come. This is an important workshop for all psychiatrists enrolled in the PCS. We hope to see you there and look forward to a useful and interactive session. In the meantime, this newsletter will keep you up to date with much of our PCS news and developments in this, the seventh year of the scheme.

With best wishes,

Dr Lorcan Martin

1. EXTERNAL CPD CREDITS – increased limit of 8 credits per day.

External CPD events can now be approved for up to **8 External credits** per day (increased from a limit of 6 per day). Please log external CPD credits to reflect the duration of your participation in an event, up to the number of approved credits. (1 credit per hour, increments of 0.5 credits after first hour/credit). Ensure you have a CPD certificate of attendance for all credits logged.

2. EXTERNAL CPD CREDITS – increased limit of 15 credits for longer/single topic meetings & courses.

External CPD credits for longer term e.g. **postgraduate courses** related to scope of practice (e.g. diploma, masters, PhD) have been increased to **15 External credits per year of the course**. (Increased from 10). Further time spent in research / study should be claimed as Research or Personal CPD as appropriate.

The maximum External CPD credits which can be claimed for **meetings / courses / events centred on a single topic running over a number of days** have also been increased to **15 External Credits**. (Increased from 10 credits).

3. COLLEGE FACULTY, COMMITTEE & SPECIAL INTEREST GROUP MEETINGS – increased limit of 7 Internal or External credits per year. (1 per meeting attended).

You can now log up to **7 Internal or External CPD credits** per year for attendance at college faculty, committee, special interest group meetings, still subject to 1 credit per meeting. (Increased from a maximum of 5 Internal).

4. ONLINE CPD – increased limit of 10 External and 10 Internal CPD credits per year.

You can now claim up to **10 External and 10 Internal CPD** credits per year for online CPD carried out on CPsychI approved websites. (Increased from maximum 10 External and 5 Internal). This means up to 20 hours of approved online CPD can be logged each year.

Our suite of **Hot Topics CPD eModules** were launched in January 2017, with a wide range of topics available for you to watch, answer MCQs on, and log as CPD. New eModules will be regularly added - we will let you know as they become available.

Sources of approved online CPD:

- [CPsychI Hot Topics eModules](#) (1 CPD credit each)
- [CPsychI & RCPI: "Delirium: Recognition & Response" eModule](#)
- [CPsychI: OAP Interactive Case Based Tutorial eModule](#)
(CPsychI eModules require Moodle login)
- [British Association for Psychopharmacology \(BAP\) online CPD](#)
- [Medilearning – Schizophrenia Module](#)
- [Medilearning – Cognitive Dysfunction in Depression Module](#)
- [Medscape](#)
- [Mental Health Commission](#)
- [RCPsych CPD online](#)
- [RCPI - individual online courses](#) (courses relevant to your scope of practice and appropriate level for consultant CPD)

If you wish to claim online learning from one of the above websites for CPD, you should ensure you complete any evaluation at the end of a module and then print off your certificate for the module.

5. MANDATORY TRAINING COURSES– updated guidance on approval and logging credits.

Psychiatrists are required to maintain basic medical skills and also engage in the training required by employers and the Mental Health Commission. Some required training has little or no psychiatric content and can often be refresher training. Whilst recognising the importance of this training, it must be remembered that activities approved for CPD credits should be primarily focused on education relevant to the role of a consultant psychiatrist and consistent with standards expected thereof.

It is in this context that we have restricted the number of credits to be logged for some mandatory courses psychiatrists undertake on a yearly or two-yearly basis. The aim is to encourage a wide range of educational CPD activities

appropriate to the scope of practice for psychiatrists at consultant level.

- **BLS** (Basic Life Support): maximum **2 Internal CPD** credits to be logged per course.
- **ACLS** (Advanced Cardiac Life Support): maximum **2 Internal CPD** credits to be logged per course.
- **MAPA** (Management of Actual or Potential Aggression) – or equivalent training: maximum **2 Internal CPD** credits to be logged per course.
- **Fire Training** – max. **1 Internal CPD** credit per course
- **Children First** – max. **1 Internal CPD** credit per course

CPD and General Quality training & initiatives:

Psychiatrists attending quality improvement and similar training (e.g. HSE Best Practice Guidance courses, other employer organised quality improvement initiatives) should apply for CPD approval by completing the [Individual CPD approval application form](#). While such initiatives are important in the context of optimum service provision; in the context of CPD for psychiatrists these type of events are often delivered by non-clinical teams of presenters, they frequently do not have a clinical or psychiatric focus and are concerned mainly with management / operations. The Professional Competence Committee has agreed that courses and initiatives such as Quality Improvement training courses, Train the Trainer courses etc., should be reviewed on an individual basis for CPD. This type of training would normally be approved for **1 External CPD credit per day**, with the remainder of hours to be logged as Personal CPD.

MDT and other routine consultant / team meetings:

This type of regular meeting does not accrue CPD credits – these meetings are primarily focused on service delivery and operations whereas CPD should primarily focus on education and learning appropriate to a consultant psychiatrist.

6. NCHDs undergoing supervision – Claim 1 Internal CPD credit per hour of being supervised.

NCHDs enrolled in the PCS who receive protected teaching time (usually weekly) from a consultant, should log that time as **Internal CPD**. A log of hours, countersigned by the Consultant, should be kept as evidence.

Consultants supervising a Trainee/NCHD should claim that time as **Supervision CPD** in the Research / Examining / Supervision / Teaching CPD category. A log of hours, countersigned by the doctor being supervised, should be maintained as evidence.

7. Professional Competence Committee

We are very grateful to our committee members and others who have assisted us to date, and we always welcome any individuals or groups who wish to get involved in professional competence areas of interest.

PROFESSIONAL COMPETENCE COMMITTEE MEMBERS.

Chair:	Dr Lorcan Martin
Academic:	Dr Brian Hallahan
Addictions:	Dr Gerry McCarney
Adult Psychiatry:	Dr Eamonn Kenny
CAP:	Dr AnneMarie Waldron
Dublin East:	Dr Raju Bangaru
Liaison:	Dr Noreen Bannan
LD	Dr Ruth Garvey
Midlands:	Dr Ciaran Corcoran
Old Age:	Dr Mary Cosgrave
PIPSIG:	Dr Niamh Farrelly / Dr Michele Cahill
West:	Dr Margaret O'Grady
North East:	Dr Mutahir Gulzar
Co-opted for e-Learning:	Dr Mugtaba Osman

CPD EVENTS

8. [HOT TOPICS IN PSYCHIATRY meetings 2017/18.](#)

Monthly evening CPD meetings – 2 External CPD credits

On **Thursday 7th December** we welcome **Dr Alys Cole-King** from the UK to present on ***Suicide Mitigation: Compassion and Governance***. Meeting kindly supported by NOSP.

Online Booking and further details for upcoming [Hot Topics meetings](#) are available in the Events & Meetings list on www.irishpsychiatry.ie.

9. ONLINE CPD DIARY REMINDER - to confirm your Clinical (Practice) Audit and log your credits in your online CPD Diary

This is a gentle reminder to confirm when you have completed a **Clinical (Practice) Audit** and log your CPD credits in your online CPD Diary for this [PCS Year 2017/18](#). Also, we would like to provide you with the following links to information on our college website which may be useful when collecting and logging your credits;

- [Clinical \(Practice\) Audit Booklet](#)
- [Professional Competence Handbook, see Page 11 for Collecting and Recording of CPD credits](#)
- [Approved Online learning opportunities](#)
- [Events calendar for all CPD approved past and upcoming meetings](#)

To log into your [Online CPD Diary](#), you need your **Log-In details** which are your **College Number** and **PCS Password**. These were last emailed to you on 19th September 2017 by Mona McCormac, or on the date you were fully registered in PCS.

Should you have any problems getting into your Diary or logging your credits please contact the PCS office pcs@irishpsychiatry.ie