THURSDAY 16TH NOVEMBER

From 08.15 REGISTRATION AND POSTER EXHIBITION THE TARA SUITE

08.45 - 09.00 WELCOME ADDRESS AND INTRODUCTION
DR JOHN HILLERY, PRESIDENT

09.00 - 10.45 SOMATIZATION AND FUNCTIONAL DISORDERS

SOMATIC SYMPTOM DISORDER - EXPLAINING THE (MEDICALLY) UNEXPLAINED
DR SIOBHAN MACHALE, BEAUMONT HOSPITAL DUBLIN
Understanding the role of autonomic hyperarousal in triggering multiple somatic symptoms, and how functional disorder is missed in the course of multiple structural investigations, is central in the assessment and management of patients with Somatic Symptom Disorder. Learning to speak a psychosomatic language allows us to communicate most effectively with our patients and optimise clinical outcomes.

SOMATIZATION IN CHILDREN AND ADOLESCENTS
EMERITUS PROF MARIA GARRALDA HUALDE, IMPERIAL COLLEGE LONDON
Physical symptoms without an underlying medical disorder are common in children and young people: in a small cohort, they become persistent and impairing. This presentation will discuss why these symptoms matter. Their psychiatric manifestation, the application of a bio-psychosocial approach and helpful interventions will also be discussed.

10.45 - 11.15 COFFEE BREAK AND POSTER EXHIBITION

11.15 - 13.00 NCHD RESEARCH ORAL PRESENTATIONS
(The Winner of the Best NCHD Research Oral Presentation will be announced at 12.45 on Friday)

11.25 - 11.40 OUTCOMES OF RENAL TRANSPLANTATION IN PATIENTS WITH BIPOLAR AFFECTIVE DISORDER AND SCHIZOPHRENIA
DR MARY BUTLER, CORK UNIVERSITY HOSPITAL

11.40 - 11.55 INFLAMMATORY MARKERS IN DEPRESSION AND THE THERAPEUTIC RESPONSE TO ELECTROCONVULSIVE THERAPY
MS NIAMH CORCORAN, UNIVERSITY COLLEGE DUBLIN

11.55 - 12.10 TWO DISTINCT PATTERNS OF TREATMENT RESISTANCE: CLINICAL PREDICTORS OF TREATMENT RESISTANCE IN FIRST EPISODE SCHIZOPHRENIA SPECTRUM PSYCHOSES
DR JOHN LALLY, ST VINCENTS UNIVERSITY HOSPITAL, DUBLIN

12.10 - 12.25 TRYPТОPHAN METABOLIC PROFILE IN TERM AND PRETERM BREAST MILK: IMPLICATIONS FOR HEALTH
DR LOUISE O’ROURKE, UNIVERSITY COLLEGE CORK & CORK UNIVERSITY HOSPITAL

12.25 - 12.40 INVESTIGATING ADVANCED DIFFUSION IMAGING OF THE STRIA MEDULLARIS IN DEPRESSION
DR SHANE ROONEY, TALLAGHT HOSPITAL DUBLIN

DR SARAH SEXTON, LUCENA CLINIC DUBLIN

13.00 - 13.30 POSTER EXHIBITION

13.30 - 14.30 LUNCH
W2017.1
THE RELEVANCE OF BALINT GROUPS FOR DOCTORS IN THEIR DAY TO DAY CLINICAL WORK
DR GEAROID FITZGERALD, LEEDS PARTNERSHIP NHS FOUNDATION TRUST
In this presentation, Dr Fitzgerald will describe the emotional and attitudinal capacities doctors can develop from being in a Balint Group. He will demonstrate how the structure of the group and the stance of the leader can facilitate this development.

OR

W2017.2
ADVANCES IN PSYCHOSIS RESEARCH
PSYCHOSIS AND POLITICAL VIOLENCE: LESSONS FROM THE CONFLICT IN NORTHERN IRELAND
Dr CIARAN MULHOLLAND, QUEENS UNIVERSITY BELFAST
There is increasing awareness that psychotic conditions such as schizophrenia are far from impervious to the impact of the social environment. Despite this, the role of conflict and war in the aetiology and course of psychotic illness has not been examined in detail to date. A number of related studies which explore how experiences of childhood trauma, including traumas resulting from Northern Ireland’s “Troubles”, impact on first episode psychosis, will be presented.

DIFFICULTIES WITH SOCIAL COGNITION IN PSYCHOSIS: CAUSES, CONSEQUENCES & TREATMENTS
PROF GARY DONOHUE, NUIG
Deficits in cognition are often more strongly predictive of disability than clinical symptoms alone. This talk will focus on deficits in social cognition as of particular relevance to understanding disability. Causes of social cognitive deficits – both genetic and environmental - will be discussed, along with recent successes in improving cognitive function using low support treatment capable of being incorporated in standard clinical care.

OR

W2017.3
15.45 - 16.15
COFFEE BREAK AND POSTER EXHIBITION

16.15 - 17.30
PARALLEL SESSIONS

W2017.4
WHAT IS A PSYCHIATRIST? COMPETING CONCEPTS, COMPETING PERSPECTIVES? WHAT DO WE THINK?
DR MIRIAM KENNEDY, HIGHFIELD HEALTHCARE, DUBLIN
We will look at the results of a recent survey and hear members views - ‘What is the College's role in communicating that role and supporting it?’ The workshop will tie in well with Prof Freddie Woods session on professionalism for those who wish to attend both.

RESPONSIBILITY WITHOUT POWER, UNREALISTIC EXPECTATIONS, EROSION OF PROFESSIONALISM
DR AIDEN MORAN, CONNOLLY HOSPITAL, DUBLIN & DR RACHAEL CULLIVAN-ELLIOTT, ST DAVNETS HOSPITAL, MONAGHAN
The Consultant General Adult Psychiatrist today faces an array of new challenges. By more precisely and clearly defining our role, can we begin to address these issues and ensure a more positive future for this “Super specialism”? A document outlining the roles and responsibilities of the General Adult Psychiatrist will be presented to guide the discussion.

OR

W2017.5
ESTABLISHING AN IRISH PSYCHOSIS NETWORK GROUP - PROF DAVID COTTER, DUBLIN
CONTRIBUTIONS FROM: DR KATHERINE BROWN, PROF AIDEN CORVIN, DR ERIC KELLEHER, DR JOHN LYNE, PROF COLM MCDONALD, PROF VERONICA O’KEANE, DR ERIC ROCHE
This session is designed around facilitating the interaction of Irish researchers interested in psychosis. The organisers have invited these investigators to give summaries of their research interests and plans over 4 minutes with some comments on how they see a Psychosis Research Group working together to obtain funding for larger project funding within the island of Ireland.

OR

W2017.6
PROFESSIONAL COMPETENCE NOW, AND THE SHAPE OF THINGS TO COME
DR LORCAN MARTIN, ST LOMANS HOSPITAL, MULLINGAR
Professional competence schemes across all training bodies are undergoing review and consultation with the Medical Council in 2017. This workshop will bring participants up to date on recent changes to our PCS, and will look at the shape of things to come in professional competence. An important workshop for all psychiatrists enrolled in the PCS.

19.00
CSCST GRADUATION & EXAMINATION AWARD CEREMONY
**FROM 19.30**

**DRINKS AND CANAPE RECEPTION**
(included with dinner booking)

**CONFERENCE DINNER**
(free seating, partners welcome)

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**FRIDAY 17TH NOVEMBER**

**From 08.15**

**REGISTRATION AND POSTER EXHIBITION**

**THE TARA SUITE**

**09.20-09.30**

**WELCOME ADDRESS AND INTRODUCTION**

DR WILLIAM FLANNERY, CONFERENCE ACADEMIC COORDINATOR

**09.30 - 11.30**

**RECENT ADVANCES IN THE CAUSES OF MENTAL ILLNESS**

**THE EARLY ORIGINS OF “ADULT” MENTAL ILLNESS**

PROF MARY CANNON, RCSI, DUBLIN

Although we treat child and adolescent psychiatry and general adult psychiatry as distinct, non-overlapping subspecialties, there is compelling evidence that most adult mental disorders already have roots in childhood mental health problems. These findings from large epidemiological studies highlight the need to develop new models of care focussing on prevention and early intervention.

**THE PERVERSIVE AND PERSISTENT IMPACT OF CHILDHOOD BULLYING VICTIMIZATION**

PROF LOUISE ARSENEAULT, KINGS COLLEGE LONDON

There is little doubt today that being bullied is an adverse and stressful experience that casts a shadow on children and adolescents’ wellbeing and their development. But it has not always been the case. It is only recently that researchers and mental health professionals have started to pay attention to the potential harmful consequences of being bullied in childhood. In this presentation, Prof Arseneault will summarise some of the evidence demonstrating the harmful impact of childhood bullying victimization up to adult years, concluding with a discussion on the possible policy implications and recommendations of this research.

**GENETICS AND IMAGING IN PSYCHIATRY - UPDATE FROM THE ENIGMA STUDY**

PROF OLE ANDREASSEN, UNIVERSITY OF OSLO, NORWAY

Recent progress in genetics and brain imaging has provided unique opportunities for understanding the biological underpinnings of psychiatric disorders. The large, global ENIGMA study has shown how small, subtle brain morphology variants seem to define severe mental disorders, and how these are associated with common gene variants.

**11.30 -12.00**

**COFFEE BREAK AND POSTER EXHIBITION**

**12.00 - 12.45**

**PREVENTING CULTS, GANGS AND RADICALIZATION: SHOULD PSYCHIATRISTS BE INVOLVED?**

EMERITUS PROF JEREMY COID, WOLFSON INSTITUTE OF PREVENTIVE MEDICINE, QUEEN MARY UNIVERSITY LONDON

**12.45 - 13.00**

**ANNOUNCEMENT OF PRIZE WINNERS**

NCHD Research Prize Oral
NCHD Research Prize Poster
IJPM Presentation of John Dunne Medal 2016
Dr Charles Smith 2017 Essay Competition

**13.15 - 14.15**

**LUNCH**

**14.15 - 16.30**

**14.15 -15.15**

**A CLIMATE OF FEAR: CORPORATE PSYCHOPATHS AT WORK**

PROF CLIVE BODDY, MIDDLESEX UNIVERSITY LONDON

This talk will discuss the influence that upwardly charming psychopathic managers have in the workplace and how their downward bullying, abuse and all-round unethical behaviour affects employees, organisations and society.

**15.15 - 17.00**

**WHISTLEBLOWING & WHISTLEBLOWER REPRISAL**

DR TOM CLONAN, DUBLIN

Dr Tom Clonan will outline the PhD Research process which led to his discovery of shockingly high levels of sexual violence within Ireland’s armed forces during the period 1996-2000. He will discuss the professional, intellectual, legal and ethical implications of these findings as a serving officer (Captain) in the Defence Forces. The positive outcomes of the research and subsequent government enquiry for all serving personnel today will be outlined.
OLE A ANDREASSEN MD PhD is a professor of biological psychiatry at the University of Oslo, and director of the NORMENT Centre at Oslo University Hospital. His research has a translational focus, with the overall goal of bringing novel research methodology and findings to clinical practice. Andreassen is involved in several international research projects and has co-authored over 500 peer reviewed publications.

LOUISE ARSENEAULT’S research focuses on the study of harmful behaviours such as violence and substance dependence, their developmental origins, their inter-connections with mental health, and their consequences for victims. In the early stages of her career, she examined harmful behaviours as a developmental outcome, primarily in adolescents and in adults. Over time, the focus of her research broadened to include harmful behaviours as causes of mental health problems. Louise completed her PhD in biomedical sciences at the University of Montreal and moved to the UK for a post-doctoral training at the MRC Social, Genetic and Developmental Psychiatry Centre. She has been working with well-known longitudinal cohorts such as the Montreal Longitudinal Cohorts, the Dunedin Multidisciplinary Health and Development Study and the Environmental Risk (E-Risk) Longitudinal Twin Study, a nationally-representative sample of families with twins in England and Wales. She has also been exploring another important nationally-representative cohort, the National Child Development Survey (NCDS), with a Mid-Career Fellowship Award from the British Academy. She has recently been appointed the Economic and Social Research Council (ESRC) Mental Health Leadership Fellow.

PIERS BENN is a Visiting Lecturer in Philosophy at Heythrop College, University of London, and an Adjunct Professor at Fordham University in New York. He is also a Visiting Lecturer in Philosophy at the Universities of Leeds and St. Andrews and a Lecturer in Medical Ethics & Law at Imperial College London. He is the author of Ethics (Routledge 2000) and Commitment (Acumen Press 2011). His interests range widely but are focused on Philosophy of Religion, Applied Ethics and Philosophy of Psychotherapy. He has appeared on British media from time to time.

CLIVE BODDY is a Professor of Leadership at Middlesex University, London. He previously worked as a market research entrepreneur in the Asia-Pacific region. He has been researching corporate psychopaths since 2005 and has published thirty-five academic papers and two books on their behaviour.

MARY CANNON is Professor of Psychiatric Epidemiology and Youth Mental Health in Department of Psychiatry, Royal College of Surgeons and is a consultant psychiatrist in Beaumont Hospital. She is a Fellow of the Royal College of Surgeons and is a consultant general adult psychiatrist with the Monaghan community mental health team. Primary Care Liaison, Outpatient Services and Home-Based Treatment are highly developed within the team illustrating the complexities of the role of the consultant psychiatrist which is an area of particular interest.

GARY DONOHOE is Professor and Chair of Psychology and the director of the Cognitive Genetics and Neuroimaging Centre (NICOG) at NUI Galway. The main focus of Prof Donohoe’s research is characterising the biological and early environmental causes of cognitive disability associated with major mental health disorders, and developing treatments to improve these deficits. He has published over 150 peer reviewed papers in the area. In 2016, he received a European Research Council award for his work on immune models of cognitive deficits in schizophrenia, and the NUI Galway President’s Award for research excellence.

GEAROID FITZGERALD is a Consultant Psychiatrist in Psychotherapy in the NHS and training programme director for psychotherapy training for the Yorkshire and Humber deanery. He is a psychoanalyst in the British Psychoanalytical Society, the same society of which Enid and Michael Balint were members. He is the Vice President of the British Balint.

ELENA GARRALDA is Emeritus Professor of Child and Adolescent Psychiatry at Imperial College London, and Honorary Consultant in Child and Adolescent Psychiatry with CNWL Foundation Trust in London. Her clinical and research interests include the interface between physical and mental health problems in children and adolescents, functional physical symptoms and mental health in children with both chronic and critical/acute physical disorders.

SIOBHAN MACHALE has practised as a Consultant Liaison Psychiatrist for 19 years, initially in the Royal Infirmary of Edinburgh, before returning to her current post in Beaumont Hospital in 2006. She is a Fellow of the Royal College of Psychiatrists, Royal College of Physicians of Ireland and the Royal College of Physicians of Edinburgh, and a Senior Lecturer in the RCSI. As a Liaison Psychiatrist, her primary role is in the care and management of the mental health needs of patients in the general hospital setting, incorporating the art and language of mind-body medicine.
LORCAN MARTIN is Director of Professional Competence in the CPsychI. He is a Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services. He trained in Trinity College and with the Eastern Health Board as was. His special area of interest is greater integration of mental health services into the community and he has been instrumental in developing many new initiatives in this regard including a Primary Care Liaison Service, a service for deaf clients, an ongoing public mental health awareness programme and a consultative group so that service users/carers may be involved in service development. He has presented these projects and others at a number of international conferences. Dr Martin has also been involved in training programmes in the area of mental health for a number of statutory and voluntary agencies, and also has a particular interest in the clinical training and examination of Non-Consultant Hospital Doctors working in psychiatry.

AIDEE MORAN is a General Adult Psychiatrist at the Department of Adult Psychiatry, Connolly Hospital Blanchardstown, Dublin. She is also Senior Lecturer in Psychiatry with the Royal College of Surgeons in Ireland (RCSI) and an Associate Specialist of the Deans Clinics St Patricks’ University Hospital, Dublin. A medical graduate of Trinity College in 1992, Dr Moran completed her senior registrar training in general adult psychiatry on the Irish National Higher Training scheme in Psychiatry and also completed a special interest year in forensic psychiatry. She holds a Masters in Cognitive Behavioural Therapy (CBT) from Trinity College and continues to act as an examiner and supervisor on the PG Diploma in CBT offered by TCD. She also holds a Masters in Health Services Management from TCD. Dr Moran is actively involved in a number of professional bodies. She has previously been active in the Faculty of Medical Psychotherapy and External Affairs and Policy Committee and is an active member of the Faculty of General Adult Executive of the College of Psychiatrists Ireland.

CIARAN MULHOLLAND is a Consultant Psychiatrist with the Northern Health and Social Care Trust in Northern Ireland, a Senior Lecturer in the Centre for Medical Education at Queen’s University Belfast and Visiting Professor to the Bamford Committee and is an active member of the Faculty of General Adult Executive of the College of Psychiatrists Ireland.

POSTERS ON DISPLAY

1. GP REFERRALS TO AN INNER CITY PSYCHIATRIC SERVICE: COMPLETED AUDIT CYCLE
   DR KELECHI NNAEMEKA CHUKWUDI, DR HIBERET TESSEMA BELAY
   1 Connolly Hospital, Dublin

2. AN AUDIT OF MEDICATION PRESCRIBING IN A CAMHS OUTPATIENT SETTING
   DR DAVID COLUMB
   1 St John of God Hospital, Dublin

3. A NATIONAL SURVEY OF ONLINE GAMBLING BEHAVIOURS
   DR DAVID COLUMB, DR COLIN O’GARA
   1 St John of God Hospital, Dublin

4. A SIMULATION AND EDUCATION PROGRAMME TO DEVELOP COMPETENCIES IN ELECTRO-CONVULSIVE THERAPY
   DR ROISIN CONNOLLY, DR NOEL CROCKETT, DR STEPHEN MOORE
   1 Tyrone and Fermanagh Hospital, Omagh
   2 Grangewood Hospital, Derry

5. A PEEP INTO PEEP: DESIGNING AND DELIVERING A MENTAL HEALTH PSYCHO-EDUCATIONAL MENTAL HEALTH PROGRAMME FOR PARENTS AND CARERS OF CHILDREN WITH 22Q11DS
   MS LINDSAY COOKE, DR ALEKSANDRA GRONOSTAJ, ANNE LAWLER, DR FIONA CROTTY, LORNA KERIN, DR BLANNAID GAVIN, PROF FIONA MCNICHOLAS
   1 Department of Child and Adolescent Psychiatry, UCD, Dublin
   2 Our Lady’s Children’s Hospital Crumlin, Dublin
   3 Lucena Clinic Services, Rathgar, Dublin
   4 22Q11 Ireland Association, North Brunswick Street, Dublin
   5 Department of Old Age Psychiatry, Dublin North Central
   6 Love Knowledge Research Consultancy, Dublin

6. AUDIT EXAMINING COMPLIANCE TO HIGH RISK MEDICATION RECOMMENDATIONS WITHIN A REMAND PRISON SETTING
   DR ANNE-MARIE CURTIN, DR FINTAN BYRNE, DR LISA MC LOUGHLIN, DR CONOR O’NEILL
   1 Central Mental Hospital & Cloverhill Prison

7. HYponatremia in PSYCHIATRY of LATER LIFE; Sligo, Leitrim and West Cavan Mental Health Services
   DR CATHERINE DOLAN, DR BRIAN McMORROW, MS MARGUERITE CRYAN, MS MICHELLE CORCORAN, DR JOANNA PERLINSKA, PROF GERALDINE MCCARTHY
   1 Sligo Leitrim Mental Health Service, Sligo
   2 HSE, Sligo University Hospital
   3 National University of Ireland, Galway

8. AUDIT ON LITHIUM MONITORING IN THE CAMAC SECTOR, ST JAMES’ HOSPITAL
   DR EIMEAR DOODY, DR CORNELIA CAREY, DR GRAINNE FLYNN, DR NIALL CRUMLISH
   1 St James’ Hospital, Dublin
9. LIKELY IMPACT OF eGFR USE TO MONITOR RENAL FUNCTION IN PATIENTS PRESCRIBED LITHIUM THERAPY
   DR ALIN DUMITRESCU1, DR DARRA PHELAN1
   1 University Hospital Kerry

10. BEST PRACTICE GUIDELINE STANDARDS FOR RECORD KEEPING: A RETROSPECTIVE AUDIT
    DR AMGAD ELMAKKI1, DR MICHELE BRANNIGAN1
    1 South Tipperary Mental Health Service, St Luke’s Hospital, Co Tipperary

11. COMPLETE AUDIT CYCLE EXAMINING STANDARDS OF LITHIUM MONITORING IN PATIENTS ATTENDING OUTPATIENT
    CLINIC
    DR MOHANAD ELTIEB1, DR MUSAAB ELZAIN1
    1 South Tipperary Mental Service, St Luke’s Hospital, Co Tipperary

12. CASE REPORT HIT-AND-RUN OCD (MOTOR VEHICLE ACCIDENT- MVA -OCD)
    DR MUSAAB ELZAIN1, DR PATRICK DOYLE1
    1 Limerick Mental Health Services

13. LIASION PSYCHIATRY: RESPONSE TIME TO REFERRALS
    DR SANA FAYYAZ3, DR NOREEN BANNAN2
    1 South Meath Mental Health Services
    2 Connoil Hospital, Dublin

14. A DESIGNATED LIASION MENTAL HEALTH SERVICE IN A RURAL IRISH SETTING
    DR FIZNA FYSAL1, DR PRANITH PERERA2, DR CIARA YOUNG1
    1 Cavan General Hospital
    2 Community Adult Mental Health Team, Cavan

15. LITHIUM MONITORING
    DR MONA GABRA1, DR AIDEEN MORRISON1, DR T SHARKY, DR T ALI1
    1 Donegal Mental Health Services

16. A CASE OF PANDAS OR COULD A STREPTOCOCCAL INFECTION EXACERBATE A PRE-EXISTING OCD?
    DR VESELINA GADANCHEVA1, DR JENNIFER FAGAN1, DR ROISIN MC CAFFERTY2, DR MARIA MIGONE3, DR MARY O’REGAN4,
    PROF FIONA McNICHOLAS1,2,5
    1 Department of Psychiatry, Our Lady’s Children’s Hospital, Crumlin, Dublin
    2 Linn Dara Child and Adolescent Inpatient Unit, Cherry Orchard Hospital, Ballyfermot, Dublin
    3 Lucena Clinic Services, Rathgar, Dublin
    4 Department of Neurology, Our Lady’s Children’s Hospital, Crumlin, Dublin
    5 School of Medicine and Medical Science, Geary Institute, UCD Dublin

17. IS THE USE OF SYNTHETIC CANNABINOIDS BEING ELICITED IN ACUTE PSYCHIATRIC ADMISSIONS?
    DR STEPHEN GALVIN1, DR EUGENE CASSIDY2
    1 St. Stephen’s Hospital, Cork
    2 Cork University Hospital

18. SWORDS YOUTH STUDY: CHARACTERISING A YOUNG ADULT POPULATION TO INFORM THE DEVELOPMENT OF A YOUTH-
    SPECIFIC SERVICE IN AN ADULT COMMUNITY MENTAL HEALTH SERVICE
    DR SASHINI GUNAWARDENA1, DR ERIC ROCHE2, PROFESSOR MARY CANNON3, DR JOHN LYNE4
    1 National Forensic Mental Health Service, Central Mental Hospital, Dublin
    2 Beaumont Hospital, Dublin
    3 Swords Community Mental Health Services, Dublin

19. SUCCESSFUL RE-CHALLENGE OF CLOzapine - A CASE REPORT
    DR SARAH HANLEY1, ESTHER COURTNEY1, DR LEONA SPELMAN2
    1 University Hospital Galway
    3 Rehabilitation & Recovery Service, Galway Roscommon Mental Health Services

20. THE EVOLVING LANGUAGE OF PSYCHIATRIC CORRESPONDENCE: A DISCOURSE ANALYSIS OF PRE-1990 CLINICAL
    CORRESPONDENCE OF CURRENT PATIENTS OF A COMMUNITY MENTAL HEALTH SERVICE
    DR YVONNE HARTNETT1, DR AOBHEANN MCLoughlin1, DR GRAINNE FLYNN1
    1 Jonathan Swift Clinic, St James’ Hospital, Dublin

21. MAKING A LEAN HANDOVER IN ST JOHN OF GOD HOSPITAL
    DR SHARON HOLLAND1, DR JOHN O’DONOVAN1
    1 St John of God Hospital, Dublin

22. AUDIT OF INDIVIDUAL CARE PLAN USAGE IN PATIENTS OF PSYCHIATRY OF OLD AGE SERVICES IN COMMUNITY SETTING
    DR SYED REHAN HUSSAIN1, DR AISLING MC DONNEL1, DR BARRY MC CARTHY2, DR LEONARD DOUGLAS2
    1 St Vincent’s University Hospital, Elm Park, Dublin
23. EATING DISORDERS IN YOUNG MALES ADMITTED TO A SPECIALIST EATING DISORDER CENTRE IN DUBLIN: CASE STUDIES
   DR MADEEHA IQTIDAR¹, DR NATASYA NOR², MS LILLY MOLLOY²
   ¹ West Blanchardstown Mental Health Service, Dublin
   ² Lois Bridges Eating Disorders Treatment Centre, Dublin

24. HYPERCHOLESTEROLEMA IN ANOREXIA NERVOSA: A LITERATURE REVIEW
   DR MADEEHA IQTIDAR¹, DR NATASYA NOR²
   ¹ West Blanchardstown Mental Health Service, Dublin
   ² Lois Bridges Eating Disorders Treatment Centre, Dublin

25. METABOLIC SCREENING IN PATIENTS RECEIVING DEPOT ANTIPSYCHOTICS - A FOUR YEAR AUDIT CYCLE IN DUNDALK MENTAL HEALTH SERVICES
   DR MADEEHA IQTIDAR¹, MR PATRICK O’ CONNOR², DR ABUBKR AHMED³, DR GERALDINE LYSTER⁴
   ¹ West Blanchardstown Mental Health Services, Dublin
   ² Dundalk Mental Health Services, Co. Louth
   ³ Kells Community Mental Health Team, Co Meath
   ⁴ Louth Mental Health Services, Co Louth

26. REGRET AFTER SEXUAL REASSIGNMENT SURGERY (SRS) FOR TRANSSEXUALISM, A LITERATURE REVIEW
   DR KATE IRVINE¹, DR PAUL MORAN²
   ¹ Our Lady of Lourdes Hospital, Co Louth
   ² St Colmcilles, Loughlinstown and St Michaels Hospital, Dun Laoghaire, Co Dublin

27. MONITORING STANDARDS FOR THE TREATMENT OF ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) IN A CHILD AND ADOLESCENT MENTAL HEALTH SERVICE
   DR JENNIFER KEANE¹
   ¹ Linn Dara CAMHS, Clondalkin, Dublin

28. WHO ARE THE YOUNG PATIENTS OF THE NEW NEURODEVELOPMENTAL INTELLECTUAL DISABILITY SERVICE?
   DR CLAIRE KEHOE¹, MS EMMA STAUNTON², DR NIMANTHA GAMAGE³, DR LOUISE SHARKEY⁴
   ¹ Linn Dara, Celbridge, North Kildare
   ² Linn Dara Child & Adolescent Mental Health Service, Cherry Orchard Hospital Campus, Dublin
   ³ National Children’s Hospital, Tallaght

29. “STRESSED OUT” – ACUTE PSYCHIATRIC PRESENTATIONS AND PSYCHOSOCIAL STRESSORS
   DR CLAIRE KEHOE¹, PROF FIONA MCNICHLAS²
   ¹ Our Lady’s Hospital for Sick Children, Crumlin and Clinical Lecturer in Child & Adolescent Psychiatry, University College Dublin
   ² Our Lady’s Hospital for Sick Children Crumlin, Lucena Clinic, Rathgar and Child & Adolescent Psychiatry, University College Dublin

30. A STUDY OF THE ATTITUDES AND KNOWLEDGE OF NCHD’S IN PSYCHIATRY REGARDING SUBSTANCE MISUSE AND SUBSTANCE MISUSERS
   DR SADAF KHAN¹, DR KIRAN SANTLAL¹, DR ERICA MAGUIRE¹, DR MIKE SCULLY¹
   ¹ HSE-National Drug Treatment Centre, Dublin

31. EARLY INTERVENTION IN PSYCHOSIS IN NORTH LEE MENTAL HEALTH SERVICES (NLHMS) - FIVE YEARS’ SERVICE REVIEW
   DR GROZDANA LALEVIC¹, DR MARY SCRIVEN¹, DR SINEAD O'BRIEN²
   ¹ Cork University Hospital, Cork
   ² Mercy University Hospital, Cork

32. AUDIT OF ATTENDANCE AT INITIAL APPOINTMENT IN A GENERAL ADULT PSYCHIATRY OUTPATIENT CLINIC, BEFORE AND AFTER THE INTRODUCTION OF AN OPT-IN SYSTEM
   DR DANIEL LEAHY¹, DR PRIMA NANDA VEJAYAN², DR RUTH COLLINS³
   ¹ Éist Linn CAMHS Unit, Cork
   ² Carraigmore Centre, Shanakiel, Cork
   ³ Mercy University Hospital, Cork

33. AUDIT OF THE USE AND MONITORING OF ANTIPSYCHOTIC MEDICATION FOR FIRST-EPIEODE PSYCHOSIS AT A GENERIC CAMHS INPATIENT UNIT
   DR DANIEL LEAHY¹, M CORBETT², M MURPHY², M DELANEY²
   ¹ Éist Linn CAMHS Unit, Cork
   ² Éist Linn CAMHS Unit, Cork

34. AN EVALUATION OF CASE COMPLEXITY IN CAMHS USING THE PADDINGTON COMPLEXITY SCALE
   DR CAOIMHE LONERGAN¹, DR SARA MCDEVITT²
   ¹ University College Cork
   ² Department of Psychiatry, HSE CAMHS, Cork

35. CAN STOP THE FEELING: INVESTIGATING THE RELATIONSHIP BETWEEN ADOLESCENTS WITH DEPRESSION AND MUSIC
MR JOHN LORIGAN1, DR JAMES MCDONALD2, PROF FIONA MCNICHOLAS1,2,3, MS JILL TURNER2
1 UCD School of Medicine, University College Dublin
2 Lucena Clinic Services, Rathgar, Dublin
3 Our Lady’s Children’s Hospital, Crumlin, Dublin

36. CLINICAL PROFILE OF CHILDREN WITH 22Q11DS ATTENDING PEDIATRIC LIAISON SERVICES
MS VEENA MADHU1, PROF FIONA MCNICHOLAS2
1 School of Medicine and Medical Sciences, UCD, Belfield, Dublin
2 School of Medicine and Medical Sciences, UCD, Belfield, Dublin, Our Lady’s Children’s Hospital, Crumlin, Dublin, Lucena Clinic Services, Rathgar, Dublin

37. AN AUDIT OF ANNUAL SCREENING FOR OLDER ADULTS WITH TYPE 2 DIABETES MELLITUS IN SLIGO UNIVERSITY HOSPITAL
MS HANNAH MARSH1, DR CATHERINE DOLAN2, MS KELLEY HENNIGAN1, MS ANN FERGUSON3 & MS MAJELLA TOOMEY4, DR CAITRIONA DOYLE3, MS PATRICIA MURRAY3, DR CATHERINE MCHUGH4, PROF GERALDINE MCCARTHY2,4
1 Royal College of Surgeons Ireland, Dublin
2 Sligo Leitrim Mental Health Service
3 Endocrinology Department, Sligo University Hospital
4 National University of Ireland Galway

38. AN AUDIT OF INFORMATION PROVISION TO SERVICE USERS IN THE ACUTE UNITS OF THE CENTRAL MENTAL HOSPITAL
DR JOE MCANDREW1, DR PHIL BRADY1, DR RONAN MULLANEY1, DR PAUL O’CONNELL1, PROF HARRY KENNEDY1
1 NATIONAL FORENSIC MENTAL HEALTH SERVICE, CENTRAL MENTAL HOSPITAL, DUNDURUM

39. AN AUDIT ON THE USE OF INDIVIDUAL CARE PLANS IN A CAMHS OUTPATIENT SERVICE
DR JOSEF MCGRANE1, DR JASMIN LOPEZ2, DR GILLIAN HUGHES3
1 HSE North Kildare CAMHS, Linn Dara Primary Care Centre, Celbridge, Co Kildare
2 St Michael’s House, Dublin

40. OPIATE DEPENDENT SERVICE-USERS KNOWLEDGE AND ATTITUDES TOWARDS SUPERVISED INJECTING FACILITIES
DR AISLING MCGRATH1, DR ZORINA GIBBONS1, DR KIRAN SANTAL1, DR PETER MCCARRON1, DR ANNIKA GIBBONS1, DR IRAKH KEENAN1
1 National Drug Treatment Centre, Dublin

41. OPIATE DEPENDENT SERVICE-USERS KNOWLEDGE AND ATTITUDES TOWARDS DRUG DECRIMINALISATION
DR AISLING MCGRATH1, DR ZORINA GIBBONS1, DR KIRAN SANTAL1, DR ANNIKA GIBBONS1, DR PETER MCCARRON1, DR IRAKH KEENAN1
1 National Drug Treatment Centre, Dublin

42. STRATEGIES TO REDUCE NON-ATTENDANCE RATES AT A PSYCHIATRIC OUTPATIENT CLINIC
DR NOREEN MOLONEY1, DR DEIRDRE SMITHWICK1
1 Ennis General Hospital, Clare Mental Health Service

43. A STUDY OF THE CORRELATION BETWEEN THE VERBAL MONTHS BACKWARDS TEST (MBTV) AND A NOVEL COMPUTERISED VERSION (MBTC) IN A POPULATION WITH MIXED NEUROPSYCHIATRIC CONDITIONS
MR MARTIN MULLIGAN1, DR LEONA LALLY1,2, PROF GERALDINE MCCARTHY1,2, DR DIMITRIOS ADAMIS1, DR DAVID MEAGHER3
1 National University of Ireland Galway
2 Sligo Mental Health Service
3 School of Medicine, University of Limerick

44. HOW SAFE ARE PRISONS FOR MENTAL HEALTH STAFF?
DR SINEAD MURPHY1,2, MS AOIFE MCMANUS2, MICHAEL MCGHEE2, MS MARY KEEVANS3 DR LISA MCLAUGHLIN1,2, DR DAMIAN MOHAN1,3
1 National Forensic Mental Health Service
2 Mountjoy Prison
3 Irish Prison Service
4 Cloverhill Prison
5 Trinity College Dublin

45. THE USE OF MEDICATIONS IN THE TREATMENT OF ADDICTIONS
DR SALIH MUSTAFA1,2, DR T. THAVEENTHIRAN1, DR B. ASHIM3, DR J. KINAHAN1
1 North Lee Mental Health Service, Mercy University Hospital, Cork

46. CONSULTATION PHASE WITH SERVICE USERS AND CARERS TO INFORM AN INPATIENT HOUSING STUDY OF INPATIENTS IN THE ACUTE MENTAL HEALTH UNIT IN TALLAGHT HOSPITAL
DR AIOIFE O’CALLAGHAN1, MR JOHN COWMAN, MR GAVIN MULHALL, MR LIAM BREEN, PROF BRENDAN KELLY1
1 Adelaide and Meath National Children’s Hospital, Tallaght, Dublin

47. HAMPSTEAD CLINIC DAY HOSPITAL: THE PATIENT EXPERIENCE
48. HEARING VOICES: A REVIEW OF REFERRALS TO LINN DARA ADOLESCENT DAY PROGRAMME  
**DR MOLLY O'CONNELL**¹, **DR EDWINA BARR**²  
¹ Laois Offaly Mental Health Services, Midlands Regional Hospital, Portlaoise  
² Linn Dara Adolescent Day Programme, Cherry Orchard Hospital, Dublin

49. GENERAL ADULT ON-CALL AND CRISIS PSYCHIATRY: BST TRAINEE EXPERIENCE AND SATISFACTION SURVEY  
**DR DAVID O'DONOVAN**¹, **DR JOSEN MCGRANE**², **DR HELEN BARRY**³, **PROF MARY CANNON**³, **PROF DAVID COTTER**³  
¹ Connolly Hospital, Blanchardstown, Dublin  
² HSE North Kildare CAMHS, Linn Dara Primary Care Centre, Co. Kildare  
³ Beaumont Hospital, Dublin

50. MILD PERINATAL HYPOXIA-ISCHEMIA RESULTS IN ASD-LIKE BEHAVIOURAL AND MOLECULAR CHANGES IN EXPOSED OFFSPRING  
**DR DAVID J. O' DRISCOLL**¹, **VALERIA D. FELICE**²³, **LOUISE C. KENNY**²³, **GERALDINE B. BOYLAN**²³, **GERARD W. O'KEEFFE**²³  
¹ St Stephen’s Hospital, Cork  
² Irish Centre for Foetal and Neonatal Translational Research, Cork University Maternity Hospital, Cork  
³ University College Cork

51. IMPROVING DOCUMENTATION IN A PSYCHIATRIC OUTPATIENT CLINIC: THE USE OF AUDIT AND A STRUCTURED PRO FORMA IN A SINGLE MENTAL HEALTH SERVICE  
**DR DAVID O'DRISCOLL**¹, **DR SANDRA BARRY**² **DR SINEAD O'BRIEN**²  
¹ St Stephen’s Hospital, Cork  
² North Lee Mental Health Service, Mercy University Hospital, Cork

52. BUILDING A CITY- RUNNING AN ART GROUP PROJECT FOR TEENAGERS IN CAMHS- FEEDBACK AND REFLECTION  
**DR ANTONIA O'KEEFFE**¹, **MS CATHERIONA BURKE**²  
¹ University Hospital Limerick  
² CAMHS, Co Clare

53. POOR KNOWLEDGE ON THE ASSESSMENT OF UNDERWEIGHT IN CHILDREN AND ADOLESCENTS AMONG PAEDIATRIC TRAINEE DOCTORS IN IRELAND  
**MS EILIS O'LEARY**¹, **DR SENAN O'CONNELL**², **DR LOUISE KYNE**², **DR ELIZABETH BARRETT**¹², **DR LEE HUDSON**³ & **MS CHARLOTTE CUMBY**³  
¹ UCD School of Medicine, University College Dublin  
² Temple Street Children’s University Hospital, Dublin  
³ Great Ormond Street Hospital, London

54. IMPACT OF A ONE-HOUR TEACHING SESSION ON PAEDIATRIC TRAINEE CONFIDENCE ABOUT EATING DISORDERS  
**DR NANCY O'REILLY**¹, **DR ELIZABETH BARRETT**³, **MS BRIDGET CONWAY**³  
¹ St James’s Hospital, Dublin  
² Children’s University Hospital, Temple Street and Associate Professor, University College Dublin  
³ Our Lady’s Children’s Hospital, Crumlin

55. HYPERKINETIC DISORDER IN A COMMUNITY SERVICE FOR PEOPLE WITH INTELLECTUAL DISABILITY  
**DR SONN PATEL**¹, **DR EVAN YACOUB**²  
¹ Beaumont Hospital, Dublin  
² Brothers of Charity Services Galway, Galway/Mayo/Roscommon Mental Health Services

56. COMPLETED AUDIT OF COMPLIANCE WITH CODE OF PRACTICE FOR ON THE USE OF PHYSICAL RESTRAINT IN ACUTE PSYCHIATRY WARD  
**DR PRANITH PERERA**¹, **DR FIZNA FYSAL**¹  
¹ Cavan General Hospital, Cavan

57. SELF-HARM IN BORDERLINE PERSONALITY DISORDER  
**DR PETER POLYDOROPOULOS**¹, **DR LORCAN MARTIN**¹  
¹ St Loman’s Hospital, Mullingar

58. AUDIT OF IDENTIFYING INFORMATION IN OUT-PATIENT CLINIC CHARTS - A COMPLETED AUDIT CYCLE  
**DR PETER POLYDOROPOULOS**¹, **DR LORCAN MARTIN**¹  
¹ St Loman’s Hospital, Mullingar

59. AN INVESTIGATION INTO REFERRALS FOR INVOLUNTARY ADMISSION UNDER THE MENTAL HEALTH ACT 2001 WHICH WERE NOT FOLLOWED BY AN ADMISSION ORDER  
**DR MUHAMMAD SAJID**¹, **DR SINÉAD COEN**¹, **DR ANGELA NOONAN**¹  
¹ St Vincent’s Hospital Fairview, Dublin
60. FIRST REPORTED CASE TO INCREASE AWARENESS ABOUT THE “BLUE WHALE GAME” IN WEST OF IRELAND
   **DR MUHAMMAD SATTI**, **DR SANNIE JOHN**, **DR GARY MCDONALD**
   
   1 Galway Adult Mental Health Services, La Nua Day Hospital, Galway
   2 North Galway CAMHS, Ballard House, Galway

61. PATIENTS WHO COMPLETED OR DISENGAGED FROM THE EARLY INTERVENTION IN PSYCHOSIS SERVICES IN NORTH LEE MENTAL HEALTH SERVICES (NLMHs) - A COMPARATIVE STUDY
   **DR MARY SCRIVEN**, **DR GROZDANA LALEVIC**, **DR SINEAD O’BRIEN**
   
   1 Cork University Hospital, Cork
   2 St Michael’s Unit, Mercy University Hospital, Cork

62. PAEDIATRIC CONSULTANT LIAISON PSYCHIATRY SERVICES - WHO ARE THEY SEEING?
   **MS GRETIA SHERIDAN**, **D. ABUALSAUD**, **DR M CLIFFORD**, **DR E BARRETT**, **DR C KEHOE**, **PROF F MCNICHOLAS**
   
   1 UCD School of Medicine, University College Dublin
   2 Adelaide and Meath National Children’s Hospital, Tallaght
   3 Children’s University Hospital, Temple Street, Dublin
   4 Our Lady’s Children’s Hospital, Crumlin, Dublin
   5 Lucena Clinic Services, Rathgar, Dublin

63. DIGITAL BADGES: AN INTERACTIVE LOGBOOK EQUIVALENT TO FACILITATE STUDENT ENGAGEMENT AND MOTIVATION IN A PSYCHIATRY UNDERGRADUATE MODULE
   **DR EDYTA TRUSZKOWSKA**, **DR YVONNE EMMETT**, **PROF ALLYS GUÉRANDEL**
   
   1 Crumlin Community Mental Health Services, Dublin
   2 unaffiliated
   3 St Vincent’s University Hospital, Elm Park, Dublin and University College Dublin

64. A STUDY TO IMPROVE THE EFFICIENCY OF THE INPATIENT MULTIDISCIPLINARY WARD ROUND
   **DR SHAY WARD**, **MS EUGENIE O’SULLIVAN**, **MR PETER CONNOLLY**, **DR ALAN MURTAGH**
   
   1 St John of God Hospital, Dublin

65. LITERATURE AND MENTAL HEALTH: CAN THIS INITIATIVE IMPROVE ATTENDEE’S SELF-REPORTED CONFIDENCE REGARDING THE USE OF LITERATURE IN MEDICAL PRACTICE AND REFLECTIVE PRACTICE?
   **MS WAN TING YEW**, **DR ELIZABETH BARRETT**, **DR CLAIRE KEHOE**, **MELISSA DICKSON**
   
   1 UCD School of Medicine, University College Dublin
   2 Children’s University Hospital, Dublin
   3 Our Lady’s Children’s Hospital, Dublin
   4 Diseases of Modern Life, St Anne’s College, Oxford

66. AUDIT ON MONITORING OF MOOD STABILISERS IN A REHABILITATION PSYCHIATRY SETTING
   **DR CALVIN HAR YEE**, **DR LEE MOTHERWAY**
   
   1 St Vincent’s Hospital, Fairview, Dublin

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