



Joint Meeting of the Ulster Paediatric Society & The Royal College of Psychiatrists in NI

Tuesday, 6 June 2017, Riddel Hall, Stranmillis Belfast

Beneath the surface-exploring childhood anxiety, attachment and the power of relationships

Programme

- 0845-0915 Registration & Refreshments
- 0915-0930 **Opening statement & Overview**
Dr Richard Wilson, Consultant Psychiatrist
- 0930-1015 **Medically unexplained symptoms-what lies beneath?**
Dr Lisheen Cassidy, Consultant Psychiatrist
- 1015-1100 **Exploring anxiety in children and young persons with Autism**
Dr Anna McGovern, Consultant Psychiatrist
- 1100-1120 Refreshments
- 1120-1250 **Key Note Guest lecture: "Double jeopardy: the roots of anxiety?" Professor Helen Minnis**
- 1250-1300 Discussion Q&A
- 1300-1345 Lunch
- 1345-1420 **ABC of CBT: Annie Gordon**
- 1425-1500 **Mindfulness in childhood anxiety and attachment - Niamh Houghton**
- 1505-1540 **Wellness Recovery Action Plan - Janet McCusker**
- 1545-1600 Closing Statements, Dr Richard Wilson, Consultant Psychiatrist
- Price:** £70 - consultant grade doctors
£50 - non-consultant grade doctors, trainees, nurses and allied health professionals

To Register: www.ulsterpaediatricsociety.com

Cheques made payable to: Ulster Paediatric Society, c/o Denise Braniff, UPS, Aicken Admin, Paediatrics, Ulster Hospital, Upper Newtownards Road, Dundonald, BT16 1RH

This meeting is eligible for RCPsych CPD subject to peer group approval