



BRIEF NOTES FROM THE PROFESSIONAL COMPETENCE COMMITTEE

Meeting held on 2nd February 2017

- for general circulation to College Faculties etc. -



• WELCOME to our new Director of Professional Competence, Dr Lorcan Martin



We are delighted to introduce our new Director of Professional Competence, Dr Lorcan Martin. Dr Martin has taken over from Dr Miriam Kennedy who completed her very active four year term as Director in December 2016. Dr Martin is Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services and brings considerable experience in medical education, clinical professionalism and commitment to lifelong learning to the position. Dr Martin, the Professional Competence Committee members and staff look forward to another busy and proactive term developing Professional Competence and lifelong learning for psychiatrists.

• HOT TOPICS eModules now available for CPsychl members

CARDIOVASCULAR DISEASE IN SERIOUS MENTAL ILLNESS • IMPACT OF PSYCHOLOGICAL TRAUMA & ITS TREATMENT
THE YOUTH MENTAL HEALTH PARADIGM AS A MODEL FOR MENTAL HEALTH REFORM IN IRELAND • CARDIOLOGY - THE HEART & THE MIND
NOVEL TREATMENTS FOR ALCOHOL DEPENDENCE • COGNITIVE MODEL OF POST TRAUMATIC STRESS DISORDER
PRISON & COURT LIAISON SERVICES - INTERACTION WITH COMMUNITY SERVICES
EARLY DETECTION & TREATMENT OF YOUNG PEOPLE AT ULTRA-HIGH RISK OF PSYCHOSIS (MORE TOPICS COMING ONLINE SOON)

1 External or Internal CPD credit per eModule



This is a pilot to ascertain demand for online CPD, and to assess the functionality of what we have developed to date on the College's Moodle platform. Speakers at the popular Hot Topics meetings have kindly allowed their presentations to be recorded and packaged into CPD approved eModules.

Watch a short video of what's available online:

<http://www.irishpsychiatry.ie/PCS/HotTopicsOnline.aspx>

► **COLLEGE MEMBERS** can avail of a special rate of €30 per eModule - (normally €45). Please allow up to 72 hours after payment to receive access to eModule(s). Then, access is for as long as you like, as many times as you like. On achieving 80% or more correct answers in the online Quiz, you can download your CPD Certificate and log 1 External or Internal CPD credit to your CPD Diary.

► **NCHD COLLEGE MEMBERS** enrolled on the *Continuous Professional Development Support Scheme (CPD-SS)* can choose to (A) Use credits from your allocated 20 CPD Credit Balance to complete the eModule(s) free of charge. Please email pdp@irishpsychiatry.ie to check if you have sufficient credits remaining to complete the eModule(s) and enrol. **OR** (B) Pay the member rate of €30 per eModule.

Further information, or to **Pay & enrol** for eModules: <http://www.irishpsychiatry.ie/PCS/HotTopicsOnline.aspx>

Fees include access to:

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| 1. Full video of presenter and slides | 5. Feedback form to let us know of any comments or difficulties with the eModules |
| 2. Downloadable PDF document of slides | 6. Helpdesk to assist with any technical problems |
| 3. Multi Choice Quiz to be completed for CPD | 7. Continued access to the online video. |
| 4. CPD certificate awarded on 80% correct answers to Multi Choice Questions | |

• Update your online CPD Diary!

It's that time of the year again! The PCS year end 30th April is fast approaching. Ensure you log all your credits and Clinical (Practice) Audit on your diary in good time. Please make sure you have good evidence to support the external, internal and research / examining / teaching credits you log.

- Don't forget to confirm Clinical (Practice) Audit on your diary!
- Reflective notes can be saved for all categories of CPD if you wish, and the Clinical (Practice) Audit title can also be saved on your diary.
- Contact us in the PCS office if you need advice, assistance with logging, or if you are having particular difficulties with accruing CPD credits or Clinical (Practice) Audit



• Annotation † on PCS Statement to indicate certified leave

Periods of **certified leave (illness >3 months, certified maternity leave)** can impact on a doctor's ability to meet the requirements of PCS in a particular PCS year. If these circumstances cause a psychiatrist difficulty in meeting the annual requirements of the scheme, the psychiatrist should **inform the college's PCS office**. We can then confidentially note the circumstance on your file and have it indicated on your Statement of Participation (by way of a † symbol). This way, where there is a shortfall, there will be an indication of a period of certified leave on your Statement for the year concerned. The doctor should ensure (s)he has the relevant documentation or certification to provide to the Medical Council if audited. There is no need to provide documentation to our office.

• PCS Verification Process

The verification process is a valuable tool to identify common issues and difficulties encountered by our psychiatrists in the Professional Competence Scheme, and to identify the areas of support we need to focus on in coming years. Participation in the verification process is mandatory for those selected, and every Training Body operating a PCS is obliged to carry out the process annually.

Participants for the Verification Process on the PCS Year 2015/16 were randomly selected (stratified for representation of numbers on the General, Specialist & Supervised registers). Documentation is being received now from these doctors and the confidential reviewing process will be undertaken in March, with individual feedback being provided to each participant to offer guidance and support.

• DATES FOR YOUR DIARY - CPD EDUCATIONAL EVENTS organised by the PCS Department/College

Search the [Events and Courses list](#) to see full details and booking for all meetings & events.

HOT TOPICS IN PSYCHIATRY - a series of monthly evening CPD meetings - **2** CPD credits

THURSDAYS	TOPIC	SPEAKERS
16th February 2017	Cyberbullying: The mental health effects and the implications for prevention and intervention	Prof Mona O'Moore Founding Director, National Anti-Bullying Research and Resource Centre
	Using Technology to Effectively Deliver Evidence Based Mental Health Interventions to Young People	Prof Gary O'Reilly Professor/Director of the Doctoral Training Programme in Clinical Psychology, UCD
23rd March 2017	The Psychoanalytic Understanding of Schizophrenia according to Jacques Lacan - Therapeutic Implications	Dr Patricia McCarthy Psychoanalyst in Private Practice
	Sexual Issues in Psychopathology: Implications for Clinical Practice	Dr Barry O'Donnell Director, The School of Psychotherapy St. Vincent's University Hospital
27th April 2017	"The Same-but different" - Differences in the presentation of psychiatric illness in adults with intellectual disability, looking at assessment, diagnosis & treatment	Dr Philip Dodd Consultant Psychiatrist/Director of Psychiatry at St. Michael's House Services in Dublin
	Dementia in Intellectual Disability	Dr Janette Tyrrell Consultant Psychiatrist, St Michael's House

Many thanks to all our presenters and attendees to date. The meetings have been very well supported and are proving a relevant and useful source of External CPD credits.

▪ Making HOT TOPICS available to the regions

If you are based outside of Dublin and would like to bring a Hot Topics meeting to your area, **please do contact us**. We would be delighted to work with you to organise a Hot Topics meeting in any of the regions.

▪ SPRING CONFERENCE 6/7 APRIL 2017, Lyrath Estate Hotel Kilkenny. **6** CPD credits per day.

Full information, programme & booking: see [Meetings & Events](#) on college home page www.irishpsychiatry.ie