PSYCHIATRY
in the Digital Age

SPRING CONFERENCE
6th - 7th APRIL 2017
Lyrath Estate Hotel,
Co Kilkenny
Approved for 6 external CPD credits per day

Name:
Welcome

April 2017

Dear Colleagues,

It is an honour to welcome you to this special conference examining the digital age as a new challenge for psychiatry. The world is changing. Society, and thus our patients, are spending a significant part of their lives online. Mental health effects can emanate from social media, cyber-bullying, the dark web, and blogs associated with deliberate self-harm. Yet, the internet can improve care for patients, acting as a back-up for those who have access to it, and work as a wonderful tool for bringing different types of treatment interventions to those who have difficulty in accessing treatment facilities.

People’s behaviour can alter when they are communicating through the digital world, for better or for worse. It is part of their mental state and it should be included as part of our mental health assessments of those referred to us. How it can be beneficial or harmful differs across the different age groups, and we have yet to discover all the potential short-term and long-term effects the new internet age is having on the mind.

Thank you to all speakers and participants engaging in this relatively new area for mental health practitioners.

We hope you enjoy the conference and indeed the pleasures that the Lyrath Hotel has to offer. Especially the dinner on Thursday night.

With best wishes for a most successful event.

Dr John Tobin
Conference Academic Coordinators

Dr William Flannery
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Details</th>
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<tbody>
<tr>
<td>From 08:15</td>
<td>Registration &amp; Poster Exhibition</td>
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<tr>
<td>09.15 - 09.30</td>
<td>Welcome Address and Introduction</td>
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<td>Dr John Hillery, President</td>
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<tr>
<td>09.30 - 10.50</td>
<td>Chair: Dr. Maeve Moran</td>
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<tr>
<td>09.30 - 10.00</td>
<td><strong>Epilepsy Care and the Trials and Tribulations of Information Technology</strong></td>
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<td><strong>DR Colin Doherty, Consultant Neurologist, St James’s Hospital, Dublin</strong></td>
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<td></td>
<td>The genesis and development of the National Epilepsy Electronic Patient Record (EPR) will be</td>
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<td>discussed; how it has gone from a small research and development project to providing not just</td>
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<td>day to day point of care clinical information but also facilitating large scale health service</td>
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<td>and clinical translational research. The question is ... Do you have the stomach for the hurdles?</td>
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<tr>
<td>10.00 - 10.30</td>
<td><strong>21st Century Healthcare: The Platform That Will Transform</strong></td>
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<td><strong>DR Tony Shannon, Frectal Ltd</strong></td>
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<td>As the world turns between Brexit and Trump-it, we face uncertain times in 2017 and beyond. One</td>
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<td>challenge that is perpetual and universal is the pressure that healthcare systems are under</td>
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<td>worldwide. Meanwhile, the progress we yearn for in healthcare improvement is being held back by</td>
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<td>the current state of health IT. 21st Century Healthcare is waiting for “the Platform that will</td>
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<td>Transform”.</td>
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<tr>
<td>10.30 - 10.50</td>
<td>Discussion and Questions</td>
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<tr>
<td>10.50 - 11.20</td>
<td>Coffee Break And Poster Exhibition</td>
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<tr>
<td>11.20 - 12.45</td>
<td>Chair: Dr Elizabeth Barrett</td>
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<td>11.20 - 11.50</td>
<td><strong>Avoiding the Void: Psychological and Emotional Features of Cyber Behaviour</strong></td>
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<td><strong>MS Antoinette Moriarty, Law Society of Ireland, Dublin</strong></td>
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<td>What is sought and what is unconsciously avoided when we replace F2F relating with virtual</td>
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<td>communication?</td>
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<td>11.50 - 12.20</td>
<td><strong>Mobile Medicine: Technology Law Challenges When Providing Distance Psychiatric Care</strong></td>
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<td><strong>MR Mark Adair, Senior Associate, Mason Hayes &amp; Curran Solicitors, Dublin</strong></td>
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<td>Telemedicine and eHealth are using digital technology and telecommunications to transform the</td>
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<td>way psychiatric healthcare can be provided to patients. In this presentation, some of the main</td>
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<td>legal and regulatory challenges for practitioners offering psychiatric care in the absence of</td>
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<td>personal contact e.g. by video conference or email will be explored. This talk will include</td>
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<td>consideration of the patient data protection, security, confidentiality and medical liability risks</td>
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<td>that can occur when technology meets healthcare and what practitioners can do to help mitigate</td>
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<td>these risks.</td>
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12.20 - 12.45 Discussion and Questions
12.45 - 13.15 Poster Exhibition McCurdy Suite
13.15 - 14.15 Lunch La Perla Restaurant
14.15 - 15.30 Parallel Sessions: Part 1

Chair: Dr Helen Keeley McCurdy Suite 3

S2017.1 EXPLORING THE RANGE OF ONLINE MENTAL HEALTH SUPPORTS FOR YOUNG PEOPLE IN IRELAND
MR DEREK CHAMBERS, ACTING CEO & MS NAOISE KAVANAGH, ONLINE COMMUNICATIONS MANAGER, REACHOUT, IRELAND & MR OISIN SCOLLARD, DIRECTOR, TURN2ME.ORG
This presentation, a collaboration between ReachOut.com and Turn2me.org, will categorise the range of online mental health supports for young people in Ireland and explore the provision of mental health information, peer support, support via social media platforms and online therapy. A new initiative involving the provision of moderated, online support groups for young people which is being developed by both organisations in partnership will be shared.

As organised by the Faculty of Child & Adolescent Psychiatry - Part 1

Or

Chair: Dr Mike Scully Maginnes Suite 3

S2017.2 HARM REDUCTION IN THE DIGITAL MARKET PLACE
MR TIM BINGHAM
The internet drug markets are expanding and more digital drug marketplaces exist than before on the darknet. This session will unravel the evolution of the darknet drug markets and discuss how health professionals can interact with the users on these sites to provide harm reduction information to those who may not be accessing the more traditional drug services.

As organised by the Faculty of Addictions Psychiatry

Or

Chair: Dr Anne Jeffers McCurdy Suite 1

S2017.3 STRESS MANAGEMENT FOR THE PSYCHIATRIST: A DIFFERENT LENS
DR ANNE JEFFERS
Role, responsibilities and resources are all elements in contributing to stress in psychiatrists. While psychiatrists may understand stress, this workshop uses concepts from business coaching to look at stress awareness and prevention.

Or

Chair: Dr Lorcan Martin Maginnes Suite 1&2

S2017.4 ARMCHAIR CPD: SOURCES OF ONLINE LEARNING FOR THE BUSY PSYCHIATRIST
DR LORCAN MARTIN, DIRECTOR OF PROFESSIONAL COMPETENCE, CPSYCHI
Weary of weather and tired of traffic? Done with distance? Did you know that you can accrue almost a third of your annual CPD points from the comfort of your couch? In this digital age, learning styles and education channels are complex and diverse, reflecting the environments in which we work. Online CPD, blended learning, digital diaries & electronic portfolios can help the busy practitioner access what they need to maintain their professional competence. This practical workshop will look at the online CPD tools available to psychiatrists, where to find them, how to access them and how to claim CPD appropriately, as well as your suggestions for good sources of online CPD.

As organised by the Professional Competence Committee
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<tr>
<th>Time</th>
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<tr>
<td>15.30 - 16.00</td>
<td><strong>Coffee Break And Poster Exhibition</strong></td>
<td>McCurdy</td>
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<td>16.00 - 17.15</td>
<td><strong>Parallel Sessions: Part 2</strong></td>
<td>McCurdy</td>
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**Chair: Dr Helen Keeley**

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<thead>
<tr>
<th>Session Number</th>
<th>Title</th>
<th>Speaker(s)</th>
<th>Abstract</th>
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<tr>
<td>S2017.5</td>
<td><strong>USING COMPUTER GAMES AND APPS TO DELIVER CBT TO CHILDREN</strong></td>
<td>Dr Gary O'Reilly, School of Psychology, UCD</td>
<td>Pesky gNATs is a suite of computer games and apps designed to help children learn CBT skills to manage anxiety, low mood and complex trauma. In this presentation, the Pesky gNATs approach to integrating computer games into therapy for children will be discussed. How our Apps support young people to transfer in-session learning to their home, school and community life will be shared.</td>
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<td><strong>TELEPSYCHIATRY – CONNECTING WITH HARD TO REACH PATIENTS</strong></td>
<td>Dr Ciaran Clarke, Dublin</td>
<td>The internet has become a useful tool throughout medicine. In psychiatry, it has been used to surmount logistic and clinical barriers in patient care though, in Europe, it remains an underdeveloped resource. Based on experience with young people, this talk will deal with clinical, ethical and practical issues in assessment and treatment.</td>
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<tr>
<td>S2017.6</td>
<td><strong>FORENSIC SERVICES FOR PEOPLE WITH INTELLECTUAL DISABILITY IN THE IRISH REPUBLIC</strong></td>
<td>Dr Gautam Gulati, HSE Mid-West, Dr Evan Yacoub, Galway, and Dr Tony Kearns, National Forensic Mental Health Service Dublin</td>
<td>This session will include the results of a systematic review of Intellectual Disability prevalence amongst prisoners in Ireland, a community perspective on working with service users with an Intellectual Disability who offend with a focus on assessment and treatment, and a presentation on the service provided by the MHID team based at the National Forensic Mental Health Service in Dublin.</td>
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<tr>
<td>S2017.7</td>
<td><strong>HEALTHCARE PROFESSIONALS AND THE USE OF SOCIAL MEDIA - ETHICAL AND LEGAL ISSUES</strong></td>
<td>Prof David Smith, RCSI, Dublin</td>
<td>Social media is becoming increasingly important for the communication of local and international news and the opinions of people. This presentation will use a Case Study to explore some of the ethical and legal issues which can arise for healthcare professionals who use social media.</td>
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<tr>
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<tr>
<td>S2017.8</td>
<td><strong>A WORKSHOP - PRESENTING A RESEARCH POSTER – HOW TO GET YOUR ABSTRACT SELECTED AND REACHING THE REQUIRED STANDARD OF AN EFFECTIVE POSTER</strong></td>
<td>Dr Aoibhinn Lynch, Chief Examiner &amp; Dr Tony O Neill, Queens University Belfast</td>
<td>This session is aimed at trainees and their supervisors who would like to learn more about how to prepare an abstract and a research poster. The facilitators will talk about the components of an effective abstract/poster and the steps involved in creating them. During the workshop, participants will have the opportunity to practice writing abstracts and posters, learning from their peers and the facilitators.</td>
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<tr>
<td>17.30 - 18.30</td>
<td>Maginnes Suite 3</td>
<td>COLLEGE AGM</td>
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<td>18.30 - 19.30</td>
<td>McCurdy Suite 1</td>
<td>2nd COLLEGE CHOIR WORKSHOP</td>
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<td>- future choir to be confirmed</td>
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<tr>
<td>From 19.30</td>
<td>The Drawing Room</td>
<td>DRINKS &amp; CANAPÉ RECEPTION</td>
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<td></td>
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<td>(included with dinner reservation)</td>
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<td>20.15 CONFERENCE DINNER</td>
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<td>(free seating, partners welcome)</td>
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<td>Time</td>
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<td>08:30</td>
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<td>McCurdy Suite</td>
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<tr>
<td>09:20</td>
<td>Welcome Address and Introduction</td>
<td>McCurdy Suite 3</td>
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<td>09:30 - 11.00</td>
<td>Chair: Dr. Kieran O’Driscoll</td>
<td>McCurdy Suite</td>
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<td>09:30 - 11.00</td>
<td>NEUROPSYCHIATRY SYMPOSIUM As organised by the Neuropsychiatry Special Interest Group</td>
<td>McCurdy Suite</td>
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<td>09:30 - 10.15</td>
<td>THE NEUROLOGY AND PSYCHIATRY OF TOURETTE SYNDROME</td>
<td>PROF ANDREA CAVANNA, BIRMINGHAM AND UCL</td>
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<td>09:30 - 10.15</td>
<td>Tourette syndrome is a lifelong neuropsychiatric disorder characterised by the presence of multiple tics and behavioural problems. Co-morbid psychiatric conditions including obsessive-compulsive disorder and attention deficit and hyperactivity disorder are reported in the majority of patients and can pose significant challenges to diagnosis and clinical management. A better understanding of the full spectrum of motor and behavioural symptoms is key to address patients’ needs and improve their health-related quality of life.</td>
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<td>10.15 - 11.00</td>
<td>COMPUTATIONAL PSYCHIATRY – A NEW DIRECTION FOR THE FIELD</td>
<td>PROF RAY DOLAN, UNIVERSITY COLLEGE LONDON</td>
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<td>10.15 - 11.00</td>
<td>Psychiatry has historically lacked quantitative tools to measure its key phenomena, including subjective states. Computational psychiatry aims to provide such quantitative tools that can link between subjective states, the computations that the brain performs that give rise to these subjective states and the neural implementation of these computations. This talk will introduce examples of the power and promise of this approach, termed computational psychiatry, which aims to revolutionise the biological investigation of psychiatric disorders.</td>
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<td>11.00 - 11.30</td>
<td>Coffee Break And Poster Exhibition</td>
<td>McCurdy Suite</td>
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<td>11.30 - 13.00</td>
<td>Chair: Dr Jane McGrath</td>
<td>McCurdy Suite</td>
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<td>11.30 - 12.15</td>
<td>COMPUTER ASSISTED THERAPY FOR AUDITORY HALLUCINATIONS: THE AVATAR CLINICAL TRIAL</td>
<td>PROF TOM CRAIG, EMERITUS PROFESSOR SOCIAL PSYCHIATRY, INSTITUTE OF PSYCHIATRY, LONDON</td>
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<td>11.30 - 12.15</td>
<td>Avatar therapy is a novel approach for the treatment of auditory hallucinations that was described by Julian Leff in his groundbreaking pilot trial. The current presentation describes a larger randomised clinical trial carried out by an independent team at King’s College London. This presentation will include a brief demonstration of the approach using audio/video material from therapy and present preliminary data from the clinical trial.</td>
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### ANNOUNCEMENT OF PRIZE WINNERS

- NCHD / Trainee Research Prize Poster
- Faculty of Addiction Psychiatry Essay Prize 2017
- Faculty of Medical Psychotherapy Essay Prize 2017

### 13.00 - 13.15

Lunch

### 13.15 - 14.15

**Parallel Sessions**

<table>
<thead>
<tr>
<th>S2017.09</th>
<th>ENTRUSTABLE PROFESSIONAL ACTIVITIES (EPAS) AS A FRAMEWORK FOR THE ASSESSMENT OF TRAINEES IN PSYCHIATRY</th>
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<tr>
<td>PROF GREG SWANWICK, DEAN &amp; DR AOIBHINN LYNCH, CHIEF EXAMINER</td>
<td>EPAs are being introduced by a number of Medical Training Bodies as the preferred framework for the assessment of trainees. Following the College’s “What makes you a specialist?” Think-in Day (21st September 2016), it has been decided to include EPAs in the Educational Supervisor Reports for trainees in Psychiatry. This workshop will review the basis for using EPAs and begin the process of developing EPAs for Psychiatric Specialties.</td>
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<tr>
<th>S2017.10</th>
<th>TECHNOLOGY AND PSYCHIATRY, HELP OR HINDRANCE?</th>
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<td>DR FIONN KELLY, LOUTH/MEATH MENTAL HEALTH SERVICES</td>
<td>An exploration of both the benefits and disadvantages of how technology is changing the practice of psychiatry, how psychiatrists interact with patients and how patients interact with psychiatry and society at large.</td>
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At the time of printing, all information is accurate but subject to change
Biographies of Speakers

MARK ADAIR is a Senior Associate in the technology law practice group at Mason Hayes & Curran in Dublin. He advises clients in Ireland and internationally on a broad range of complex technology matters, with a particular focus on the areas of cloud computing, the internet of things (IoT) and telecommunications. Mark is recognised as a thought leader in the Irish technology law sector and is a frequent contributor to national industry publications. He also regularly coaches organisations on how to negotiate and win better positions in their commercial contracts. Mark holds a degree in Law from the University of Cambridge.

TIM BINGHAM’s research specialism is on emerging drug trends and online drug marketplaces. He has co-authored a number of journal articles on these issues with a recent focus on the “Dark Web”. These include “Surfing the Silk Road”, and most recently “The Rise and Challenge of Dark Net Drug Markets”. In 2013 and 2015, he was a member of an expert panel at the Drug Policy Alliance Conference in the USA on new and emerging drugs and has presented as an international expert to the European Monitoring Centre on Drugs and Drug Addiction on the Dark Net and the ongoing developments of internet drug markets.

ANDREA CAVANNA, MD PhD FRCP, is Consultant in Behavioural Neurology at the Department of Neuropsychiatry, National Centre for Mental Health, Birmingham, and Honorary Professor in Neuropsychiatry at Aston University. He is Lead Consultant for the specialist Tourette syndrome clinic at the Department of Neuropsychiatry in Birmingham.

DEREK CHAMBERS, Acting CEO of ReachOut Ireland, is an advocate for online mental health services and their role in improving mental health literacy.

CIARAN CLARKE is a Consultant Psychiatrist working in an inner city Child & Adolescent Mental Health Service. He has experience in the use of online pre-assessment and in CBT over the internet.

TOM K J CRAIG PhD FRCpsych: Emeritus Professor of Social Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience and consultant psychiatrist at the South London and Maudsley Foundation Trust. His clinical research focuses on developing and evaluating community-based psychiatric services and psychosocial interventions for psychosis.

COLIN DOHERTY is a consultant neurologist and honorary senior lecturer in neurology at St James’s Hospital in Dublin. He was trained in the Partners Neurology Residency Programme at Harvard Medical School, Boston and subsequently completed Fellowships in Epilepsy and Cognition. He has published widely in the areas of brain imaging in epilepsy, the genetics of epilepsy, functional imaging of language and clinical epileptology and neurology. In the last few years he has become interested in the challenges of population health, health services research and care delivery in epilepsy. He was a member of the Irish government’s ‘expert group on resource allocation in the health sector’ which produced its report in the summer of 2010. He is the Irish representative to the International League Against Epilepsy (ILAE) Committee for the Global Campaign Against Epilepsy. Recently, he was appointed National Clinical Lead for the Epilepsy Care Programme in Ireland, with a charge to develop epilepsy services nationally to improve quality of care, access for patients and value. He is a former member of the National Clinical Effectiveness Committee in Ireland and a former board member of the Health Research Board.

RAY DOLAN is Mary Kinross Professor of Neuropsychiatry at UCL and Director of the Max Planck UCL Centre of Computational Psychiatry and Ageing. He qualified in medicine in Galway, and subsequently trained in the UK as a psychiatrist. Over the last twenty five years his research has been neuroscience
focused, with an emphasis on the neural basis of decision making and its aberrations. He has published over 650 peer reviewed papers, and is one of the most highly cited scientists in the world within the field of behaviour and neuroscience. In 2016 Science Magazine reported that he was ranked the second most influential brain scientist of the modern era. [http://www.sciencemag.org/news/2016/11/computer-program-just-ranked-most-influential-brain-scientists-modern-era](http://www.sciencemag.org/news/2016/11/computer-program-just-ranked-most-influential-brain-scientists-modern-era)

The 2017 Brain Prize, regarded as the world's most valuable prize for brain research, was awarded to Prof Ray Dolan, Prof Peter Dayan and Prof Wolfram Schultz for their analysis of how the brain recognises and processes reward.

GAUTAM GULATI is a General & Forensic Psychiatrist with the HSE Mid-West, Clinical Senior Lecturer at University College Cork and Adjunct Senior Lecturer at the University of Limerick. He graduated from Bombay and completed higher education and training at Oxford, previously working as a Consultant Forensic Psychiatrist and Honorary Senior Clinical Lecturer at Oxford before moving to Ireland. His research interests include mental disorder and offending, prison psychiatry and medical education.

ANNE JEFFERS has 30 years experience working as a Psychiatrist in both Ireland and the UK. From 2014 to 2016, she was Director of Operations with Quantum Management Consultancy, a company that offers solutions to organisations in managing workplace based stress. She is currently the National Lead for the clinical programme for persons presenting to the Emergency Department following self-harm.

NAOISE KAVANAGH is Online Communications Manager with ReachOut Ireland. She has extensive experience of developing online platforms and reaching targeted audiences with tailored online content.

TONY KEARNS is a Consultant Forensic Psychiatrist in intellectual disability in the National Forensic Mental Health Service, based in the Central Mental Hospital in Dublin, and a clinical senior lecturer at Trinity College Dublin. He trained in Ireland and the UK. Before returning to Ireland in 2015 he had worked for 30 years in forensic and ID services in both the NHS and the independent sector in the UK and held academic appointments at London University and Cambridge University.

FIONN KELLY is a Consultant Psychiatrist in the Louth/Meath Mental Health Services. His clinical interests are anxiety disorders and autism spectrum disorders. He is also interested in medical education and the impact of technology on society and the practice of psychiatry.

AOIBHINN LYNCH MD, MRCPsych, MSc (Medical Education) is a Consultant in Old Age Psychiatry in Dublin North City/North West and UCD Associate Clinical Professor. She is currently Chief Examiner for the College of Psychiatrists of Ireland.

LORCAN MARTIN is Director of Professional Competence in the CPsychI. He is a Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services. He trained in Trinity College and with the Eastern Health Board as was. His special area of interest is greater integration of mental health services into the community and he has been instrumental in developing many new initiatives in this regard including a Primary Care Liaison Service, a service for deaf clients, an ongoing public mental health awareness programme and a consultative group so that service users/carers may be involved in service development. Dr Martin also has a particular interest in the clinical training and examination of Non-Consultant Hospital Doctors working in psychiatry.

ANTHONY MCCARTHY MRCPsych, MRCPI, MSc Psych, DCH has been Consultant Psychiatrist at St Vincents University Hospital Elm Park Dublin and the National Maternity Hospital, Holles St Dublin for over 20 years. Prior to returning to Dublin, he was Consultant Psychiatrist and Clinical Director for Adult Mental Health at Guy’s Hospital London UK. He is a former President of the College of Psychiatrists of Ireland. His interest in Psychotherapy dates back to when working in General Medicine and he studied
for his Masters in Psychoanalytic Therapy before sitting for his MRCPsych.

ANTOINETTE MORIARTY trained as an integrative psychotherapist at the Metanoia Institute, London and conducts a private psychotherapy practice in Dublin (http://professionaltherapy.ie). She has spent more than 20 years working with a range of professionals and has a particular research interest in the interplay between professional wellbeing and core personal identity. Antoinette manages the Law Society of Ireland’s Counselling Service, and is responsible for the psychological elements of solicitors’ training.

TONY O’NEILL is a consultant psychiatrist in the Belfast HSC Trust and is also part of a resettlement team responsible for the community rehabilitation of patients with long-term illness. His interests include Genetic Epidemiology of Psychosis and Substance Misuse using molecular and epidemiological approaches to look at the complex causal pathways for a psychiatric illness. He is also interested in the overlap between movement disorder and psychiatric symptoms and the use of stratified medicine approaches to the treatment of psychosis. He has an interest in creativity and mental health and has been part of a HTA funded trial of Art Therapy. Tony is a member of the Northern Ireland Public Health Research Network Subgroup interested in Arts in Health and also a member of the Centre for Evidence and Social Innovation and the George S. Mitchell Institute for Global Peace, Security and Justice at Queens University. He was a script advisor for series three of the BBC/RTE series The Fall.

GARY O’REILLY is Professor/Director of the Doctoral Programme in Clinical Psychology at University College Dublin and a Principal Clinical Psychologist at the Children's University Hospital, Temple St. He is both a practicing clinician and an academic researcher.

OISIN SCOLLARD, a barrister by background, is co-founder and Director of Turn2me.org which provides a range of accessible and safe online mental health services in Ireland and the UK. Oisin is also Head of Child Safety for Trust and Safety, Google with extensive experience in online safety systems design and operations, online child safety research and education programme design.

TONY SHANNON, Director, Ripple Foundation & Frectal Ltd qualified in Medicine in University College Dublin. He trained in Emergency Medicine & Informatics between Ireland, UK & the US. He has in excess of 20 years frontline clinical practice, including 10 years as Consultant in Emergency Medicine in the NHS. He has been involved in Informatics at local, regional, national and international levels over the last 10 years. His interests are in changes in complex systems, clinical leadership, process improvement, information technology and the pursuit of “value” in healthcare. Blog: www.frectal.com Twitter: @frectally

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GREG SWANWICK is Dean of Education at the College of Psychiatrists of Ireland. He is also a Consultant Psychiatrist in Psychiatry of Old Age in Tallaght, and a Clinical Professor of Psychiatry at Trinity College Dublin.

EVAN YACOUB is a Consultant in the Psychiatry of Learning Disability in Galway and Roscommon, and the learning disability tutor for the region. He is the Chair of the Faculty of Learning Disability Psychiatry and a member of the Specialist Registration Committee at the College of Psychiatrists of Ireland. Dr Yacoub was a Consultant Psychiatrist in Forensic Learning Disability in the UK prior to moving to Ireland, and has extensive experience in providing reports for courts in relation to Learning Disability cases.
1. **AUDIT OF CLINICAL FILES ON COMPLIANCE WITH MENTAL HEALTH COMMISSION CODE OF PRACTICE FOR ADMISSIONS**  
   **DR AJU ABRAHAM¹**  
   ¹Roscommon County Hospital, Roscommon

2. **THE LIGHTHOUSE TEST: DEVELOPMENT OF A NOVEL SMARTPHONE APP FOR THE DETECTION OF DELIRIUM**  
   **DR ADEDOYIN ADEDOSUMU¹**, Henry O’Connell¹, Arusha Chaudhry¹, Maeve Leonard², Fahad Awan², Williams Alaba², David Meagher²  
   ¹Laois-Offaly Mental Health Services, Portlaoise, Co Laois  
   ²University of Limerick

3. **MONITORING AND MANAGEMENT OF CHRONIC KIDNEY DISEASE FOR PATIENTS ON LITHIUM THERAPY – AN AUDIT**  
   **DR AHMAD BASHIR¹**, Ms Katie Moloney¹, Dr Diarmuid O’Sullivan¹, Ms Siobhan O’Shea¹, Dr Mohammed A. Kaballo¹, Dr Narayan Subramanian¹  
   ¹East Clare Mental Health Services HSE West  
   ²University Hospital Limerick

4. **EVALUATION OF SELF-ESTEEM IN ADOLESCENTS OF SECONDARY SCHOOL LEVEL**  
   **DR FARHANA BEGUM¹**, Dr AnneMarie Waldron¹, Dr Fatima Toufique¹  
   ¹Department of Old Age Psychiatry, 61 Eccles Street, Dublin  
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   ³Sindh Rangers Hospital, Karachi, Pakistan

5. **THE EARLY RECOGNITION OF SEPSIS IN A STANDALONE PSYCHIATRIC HOSPITAL**  
   **DR CONAN BRADY¹**  
   ¹St Patrick’s University Hospital, Dublin

6. **AN AUDIT OF DOCUMENTATION AND CLINICAL OUTCOMES FOR ECT IN ST JOHN OF GOD HOSPITAL IN 2015**  
   **DR NORELLA BRODERICK¹**, Dr Niamh McCullagh², Dr Larkin Feeney¹, Dr Terence Larkin²  
   ¹Cluain Mhuire Services, Co Dublin  
   ²St John of God Hospital, Co Dublin

7. **AN AUDIT OF DIAGNOSIS AND MONITORING STANDARDS FOR THE TREATMENT OF ATTENTION DEFICIT HYPERACTIVITY DISORDER IN THE SOUTH KILDARE CHILD AND ADOLESCENT MENTAL HEALTH SERVICE**  
   **DR CORNELIA CAREY¹**, Dr Jeothy Damodaran¹  
   ¹CAMHS, South Kildare

8. **FACTITIOUS DISORDER: A CASE OF MEDICALLY UNEXPLAINED INTESTINAL FAILURE**  
   **DR CORNELIA CAREY¹**, Dr Lisa Mcloughlin¹, Dr John Cooney²  
   ¹CAMHS, South Kildare  
   ²St James’s Hospital, Dublin

9. **A CROSS PLATFORM RISK ASSESSMENT MOBILE APPLICATION FOR PRECISE DATA COLLECTION**  
   **DR CORNELIA CAREY¹**, Dr Lisa McLoughlin¹, Dr Ian McLoughlin¹, Prof Harry Kennedy¹  
   ¹CAMHS, South Kildare  
   ²National Forensic Mental Health Service, Dublin  
   ³Galway Mayo Institute of Technology  
   ⁴National Forensic Mental Health Service, Dublin and Trinity College Dublin

10. **FAILURE OF ATTENDANCE FOLLOWING REFERRAL TO PSYCHIATRIC OUTPATIENT CLINIC - AN AUDIT**  
    **DR JASMINKA CINDORI¹**, Dr Lorcan Martin¹  
    ¹St Loman’s Hospital, Mullingar

11. **THE INDIVIDUAL CARE PLAN (ICP) 7 YEARS ON – VIEWS OF CONSULTANT PSYCHIATRISTS**  
    **DR CONAL DEVLIN¹**  
    ¹Mayo General Hospital  
    ²Beaumont Hospital, Dublin

12. **INPATIENT CLINICAL RISK MANAGEMENT TOOL COMPLIANCE– A COMPLETED AUDIT CYCLE**  
    **DR KIERAN DOHERTY¹**, Dr Eric Kelleher¹, Dr Katherine Fitzgerald¹  
    ¹St Stephen’s Hospital, Glanmire, Cork  
    ²Kerry Mental Health Services, Tralee, Kerry
13. **THE HIGHER RATE OF DELIBERATE SELF-HARM AND SUICIDAL IDEATION AMONG ADOLESCENTS VERSUS LOWER RATE OF HELP-SEEKING BEHAVIOUR**  
**DR RASHA ELBAGIR¹, Aran Tomac, Iftekhar Hussain, Bonita Page Phayer, Katarina Mandic**  
¹Clare CAMHS

14. **CAN WE IDENTIFY THE SUBGROUP OF SCHIZOPHRENIA PATIENTS MOST LIKELY TO BENEFIT FROM CLINICAL GENETIC TESTING?**  
**DR CLAIRE FOLEY¹, Dr Eleisa Heron¹, Prof Louise Gallagher¹, Prof Aiden Corvin¹**  
¹Department of Psychiatry, Trinity College Dublin

15. **SWORDS YOUTH STUDY: REFERRAL PATTERNS TO A COMMUNITY MENTAL HEALTH TEAM DIFFER BETWEEN YOUNG AND OLDER ADULTS**  
**DR SASHINI GUNAWARDENA¹, Dr Eric Roche², Professor Mary Cannon², Dr John Lyne²**  
¹National Drug Treatment Centre, Dublin  
²Swords Community Mental Health Service, Dublin  
³Beaumont Hospital, Dublin

16. **PILOTING A COGNITIVE STIMULATION GROUP IN EAST GALWAY – WAS IT PLANE SAILING?**  
**DR SARAH HANLEY¹, Dr Diane O’Mahony¹, Ms Aoife Murray³, Dr Sabina Fahy³**  
¹NUIG Deany  
²University College Hospital Galway  
³St Brigid’s Hospital, Ballinasloe, Galway

17. **THE CASE OF EARLIER LIFE EPILEPSY STEALING LATER LIFE LANGUAGE**  
**DR SHARON HOLLAND¹**  
¹St John of God Hospital, Co Dublin

18. **AN AUDIT OF PATIENT WAITING TIMES IN TWO PSYCHIATRIC OUTPATIENT DEPARTMENTS**  
**MS HANNAH HUGHES¹, Mr Andrew Hughes, Prof Allys Guerandel¹**  
¹St Vincent’s University Hospital, Dublin

19. **AUDIT OF COMPLIANCE WITH PHYSICAL EXAMINATION PROFORMA**  
**DR MOHAMMAD KASHIF¹, Dr Fionn Kelly¹, Dr Atipa Rafiq¹, Dr Jo Rowley¹, Dr Ehsan Ahsen¹**  
¹Louth/Meath Mental Health Services

20. **STETHOSCOPES AND SYRINGES: A COMPLETE AUDIT CYCLE OF CLINICAL ROOMS IN AN APPROVED CENTRE**  
**DR LOUISA KELLY¹, Dr Elizabeth Watts, Dr Peter Whitty²**  
¹St Patrick’s University Hospital, Dublin  
²Tallaght Community Mental Health Team, Dublin

21. **PSYCHIATRY AS A CAREER CHOICE AMONG MEDICAL STUDENTS**  
**DR LOUISA KELLY¹, Dr Laura Nagle², Dr Zorina Gibbons²**  
¹St Patrick’s University Hospital, Dublin  
²National Drug Treatment Centre, Trinity Court, Dublin

22. **HIDDEN COSTS IN PAEDIATRIC CONSULTATION LIAISON PSYCHIATRY SERVICES**  
**DR CLAIRE KEHOE¹, Prof Fiona McNicholas²**  
¹Our Lady’s Hospital for Sick Children Crumlin and UCD  
²Our Lady’s Hospital for Sick Children Crumlin, Lucena Clinic and UCD

23. **CLINICAL AUDIT OF NON-ATTENDANCE AT INITIAL APPOINTMENTS IN NORTH MEATH CAMHS**  
**DR ALAMIN KHEIR¹, Dr Leo Mestel²**  
¹St John of God Hospital, Dublin  
²CAMHS, Navan, Co Meath

24. **THE CALMING FLAMES; A CASE REPORT OF PYROMANIA**  
**DR ALAMIN KHEIR¹, Dr Maria Migone³**  
¹St John of God Hospital, Dublin  
²Linn Dara CAMHS, Clondalkin, Dublin

25. **A RESEARCH AUDIT OF CLINICIANS’ EXPERIENCE USING INTERPRETERS IN A CHILD AND ADOLESCENT MENTAL HEALTH SERVICE**  
**DR FIONA KINNARNEY¹, Dr Fionnuala Lynch¹**  
¹Lucena Clinic, Dublin

26. **ANTIPSYCHOTIC MEDICINE PRESCRIBING IN PATIENTS WITH DEMENTIA IN OLD AGE PSYCHIATRY IN SLIGO/LEITRIM MENTAL HEALTH SERVICE**  
**DR RAVI RANJAN KUMAR¹, Dr Leona Lally¹, Dr Geraldine McCarthy¹**  
¹Sligo/Leitrim Mental Health Service

27. **COMMUNITY ENGAGEMENT – MEDICAL STUDENTS IN PSYCHIATRY MEET LOCAL SECONDARY SCHOOL STUDENTS**  
**DR LEONA LALLY¹, Dr Geraldine McCarthy¹, Miss Leah Hayes², Miss Hannah Casey²**  
¹Sligo/Leitrim Mental Health Services  
²Sligo Medical Academy, Sligo University Hospital
28. **MONITORING AND DOCUMENTATION OF SMOKING STATUS IN OUTPATIENTS RECEIVING CLOZAPINE**
   Dr Alison Leonard¹, Dr Kieran O’Loughlin¹
   ¹Ballyfermot Mental Health Services, Dublin

29. **DOCTOR–PATIENT COMMUNICATION ISSUES FOR INTERNATIONAL MEDICAL GRADUATES IN IRELAND**
   Dr Catherine Maddock¹, Dr Fionn Kelly¹
   ¹Louth/Meath Mental Health Services

30. **PSYCHIATRISTS’ ABILITY TO ACCURATELY INTERPRET ECGS**
    Dr Catherine Maddock¹, Dr Dualtach MacColgain¹, Dr Fionn Kelly¹
    ¹Louth/Meath Mental Health Services

31. **TERATOGENIC RISK AND CONTRACEPTIVE ADVICE FOR WOMEN OF REPRODUCTIVE AGE IN PSYCHIATRIC CARE**
    Dr Ikenna Chuka Maduekwe¹
    ¹Norfolk and Suffolk NHS Foundation Trust, U.K

32. **THE EFFECTS OF PHYSICAL HEALTH ON SUBJECTIVE WELL-BEING: A COMPARISON OF THE REPUBLIC OF IRELAND AND THE NETHERLANDS**
    Dr Joanne Maher¹, Dr Richard Duffy¹
    ¹St. James’s Hospital, Dublin

33. **MEIER-GORLIN SYNDROME, MODERATE INTELLECTUAL DISABILITY AND AUTISM – A CASE REPORT**
    Dr Roisin McCarthy¹, Dr Louise Sharkey¹
    ¹Lucena Clinic, Dun Laoghaire, Dublin

34. **AUDIT OF THE RECORDING OF DEMOGRAPHIC, CONTACT AND CONSENT INFORMATION FOR INPATIENTS IN AN ACUTE PSYCHIATRIC UNIT AND COMPLETION OF DISCHARGE SUMMARIES**
    Dr Frank McKenna¹, Dr Narayanan Subramanian²
    ¹Stella Maris Day Hospital, Lisdoonvarna, Co Clare
    ²Ennis Day Hospital, Ennis, Co Care

35. **METABOLIC SCREENING IN PATIENTS ON ANTI-PSYCHOTICS IN A BUSY DUBLIN SOUTH CITY COMMUNITY MENTAL HEALTH PRACTICE: AUDIT FINDINGS AND RECOMMENDATIONS FOR FUTURE PRACTICE**
    Dr Aoibheann McLoughlin¹, Dr Liliana Marques¹
    ¹St James’s Hospital, Dublin

36. **CLOZAPINE INDUCED ACUTE INTERSTITIAL NEPHRITIS IN A PATIENT WITH TREATMENT RESISTANT SCHIZOPHRENIA A FORENSIC SETTING: CASE REPORT AND REVIEW OF THE LITERATURE**
    Dr Caomhie McLoughlin¹, Dr Ronan Mullaney²
    ¹Beaumont Hospital, Dublin
    ²Central Mental Hospital, Dublin

37. **PSYCHOSIS ASSOCIATED WITH PITUITARY ADENOMA: CASE REPORT AND REVIEW OF THE LITERATURE**
    Dr Caomhie McLoughlin¹, Dr John Lally², Dr Gerry Rafferty², Dr Zetti Azvee¹, Dr Selena Pillay², Prof Mary Cannon¹
    ¹Beaumont Hospital, Dublin
    ²Royal College of Surgeons in Ireland, Dublin
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38. **THE ALCOHOL LIAISON SERVICE IN A GENERAL HOSPITAL: WHO DO WE SEE AND WHAT HAPPENS NEXT?**
    Dr Caomhie McLoughlin¹, Liz Gillian¹, Mara De Lacy, Alanna Keena¹, Dr Siobhan MacHale¹
    ¹Beaumont Hospital, Dublin
    ²Royal College of Surgeons in Ireland, Dublin

39. **DOES LENT AFFECT RATES OF DELIBERATE SELF-HARM?**
    Dr Noreen Moloney¹, Dr Elaine Harding¹, Dr Gautam Gulati¹²³
    ¹University Hospital Limerick
    ²Ennis General Hospital, Co Clare
    ³University of Limerick

40. **ABUSE POTENTIAL OF CO-PRESCRIBED PREGABLIN AND/OR GABAPENTIN IN PATIENTS ON MMT (METHADONE MAINTENANCE TREATMENT) WEST DUBLIN CAMPUS, IRISH PRISON SERVICE - A CASE STUDY**
    Dr Chukwuemeka Nwauku¹, Dr Mike Scully¹, Ms Deirdre O’Reilly¹
    ¹Bridge House, Cherry Orchard, Dublin
    ²National Drug Treatment Centre, Trinity Court, Dublin
    ³Irish Prison Service, Dublin

41. **VALPROATE-CONTAINING MEDICATION PRESCRIBING IN FEMALE PATIENTS IN A COMMUNITY MENTAL HEALTH SERVICE: AN AUDIT**
    Dr Kara O’Connell¹, Dr Desmond O’Carroll¹, Dr Richelle Kirrane¹
    ¹West Blanchardstown Mental Health Service, Dublin

42. **EXAMINING STRESS – AN INVESTIGATION OF THE INTERACTION BETWEEN STRESS, MOOD AND EXERCISE IN STUDENTS**
    Mr James O’Flynn¹, Dr John R. Kelly¹
    ¹University College Cork
43. MEDICATION MANAGEMENT AUDIT IN THE INPATIENT UNIT, DEPARTMENT OF PSYCHIATRY, UNIVERSITY HOSPITAL GALWAY
   DR SONN PATEL1, Dr Sinead Costello1, Dr Sabina Fahy2
   1University Hospital Galway
   2St Brigid’s Hospital, Ballinasloe, Galway

44. SWORDS YOUTH STUDY: COMPARISON OF YOUNG VS. OLDER ADULTS ASSESSED BY A COMMUNITY MENTAL HEALTH TEAM
   DR ERIC ROCHE1, Dr Sashini Gunawardena2, Professor Mary Cannon3, Dr John Lyne1
   1Swords Community Mental Health Service, Dublin
   2National Drug Treatment Centre, Dublin
   3Beaumont Hospital, Dublin

45. AUDIT OF DRUG TREATMENT OF ATTENTION DEFICIT HYPERACTIVITY DISORDER IN AN AUTISM SPECTRUM DISORDER SERVICE
   DR DEEPTI RODRIGUES1, Dr Ewa Partyka-Goncerz2, Dr Mona Tyndall3, Prof Louise Gallagher4,5, Dr Jane McGrath4,5
   1St Fintan’s Hospital, Portlaoise, Co Laois
   2Linn Dara CAMHS, Cherry Orchard Hospital, Dublin
   3Cheeverstown, Dublin
   4Beechpark Services, Tallaght, Dublin
   5Dept of Psychiatry, Trinity College Dublin

46. INVESTIGATING “MONTHS OF THE YEAR BACKWARDS” AS A SCREENING TOOL FOR DELIRIUM IN PALLIATIVE CARE
   DR SUZANNE RYAN1, Dr Denise Hayes1, Dr Brian Creedon1
   1University Hospital Waterford

47. GAMMA HYDROXYBUTYRATE & GAMMA BUTROLACTONE (GHB/GBL): A CASE SERIES OF INPATIENT & OUTPATIENT DETOXIFICATION
   DR KIRAN SANTLAL1, Dr Zorina Gibbons1, Dr Peter McCarron1, Dr Eamon Keenan1
   1National Drug Treatment Centre, Dublin

48. AN AUDIT OF COMPLIANCE TO THE MENTAL HEALTH COMMISSION (MHC) CODE OF PRACTICE FOR PHYSICAL RERAINT IN ST MICHAEL’S UNIT, MERCY UNIVERSITY HOSPITAL, CORK
   DR MARY SCRIVEN1, Dr Mary Wall1, Dr Sinead O’Brien1
   1Mercy University Hospital, Cork

49. AN AUDIT OF LETTERS SENT TO GENERAL PRACTITIONERS FROM THE ADHD CLINIC
   DR KOMUDI SINGH1, Dr Lisa Kelly2
   1Lucena Clinic, North Tallaght, Dublin
   2Lucena Clinic, Co Wicklow

50. MEASURING SERVICE USER’S SATISFACTION IN CAMHS
   DR KOMUDI SINGH1, Dr Brenda Dowling1
   1Lucena Clinic, North Tallaght, Dublin
   2North Wexford CAMHS

51. ADDICTION SERVICES IN IRELAND AND BEYOND – WHAT IS THE DEMAND FOR TREATMENT AND WHERE ARE PEOPLE TREATED?
   DR EDYTA TRUSZKOWSKA1, Dr Marianne Keenan1, Prof Allys Guerandel1
   1Kells Community Mental Health Team, Co Meath
   2University College Dublin
   3St Vincent’s University Hospital, Elm Park, Dublin

52. MANAGEMENT OF ANXIETY IN AN OUTPATIENT SETTING
   DR IDARA UDO1, Dr Lorcan Martin1
   1St Loman’s Hospital, Mullingar

53. AN EXPLOSION OF CONSULTS? EXAMINING REFERRALS TO A LIAISON PSYCHIATRY SERVICE IN A TERTIARY REFERRAL CENTRE
   DR CIARÁN WATERS1, Dr Alison van Laar1, Dr Alan Costello1, Dr Anne Doherty1
   1University Hospital Galway

54. NUTMEG PSYCHOSIS – CASE REPORT
   DR MICHAL VRABEC1, Dr Eugene Cassidy1, Dr James Kinahan1
   1Cork University Hospital

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Date for your diary 2017

WINTER CONFERENCE

16TH - 17TH NOVEMBER

Dunboyne Castle Hotel, Co. Meath