

## **CPsychl Press Statement April 2015**

## The College of Psychiatrists of Ireland explores The Brain in the 21st Century

The Seventh Annual Spring Conference of the College of Psychiatrists of Ireland, held recently in Kilkenny, took a modern approach this year. Attended by **circa 450 delegates** over the two day event, the conference theme dealt with forward thinking, varied topics which stimulated lively debate amongst attendees.

**President of the College Dr Ruth Loane spoke saying:** 'We are delighted to host our selection of expert speakers who have contributed to this year's broad and insightful programme'.

The College welcomed *Dr Siobhán McHale*, of Beaumont Hospital, who gave an outline of the first National Clinical Care Programme for the Assessment and Management of Patients who present to Emergency Departments following Self-Harm.

A symposium with *Prof Brendan Kelly* and *Prof Patricia Casey*, of the Mater Private in Dublin, chaired by *Dr Anne Doherty* of King's College Hospital, London discussed the current approach to **Adjustment Disorders** and highlighted new research and implications of results for classifying these disorders.

The Friday morning eating disorders symposium generated much interest and was commended by delegates. *Dr Caroline Maher*, of St Vincent's University Hospital gave a very interesting perspective on the law and treating disorders in Ireland. Dr Maher spoke on navigating the legal process with some very informative case studies.

Dr Paul Robinson of St Ann's Hospital & UCL, London spoke of how common eating disorders are and lead to very serious morbidity. He referred to severely ill 'MARSIPAN' patients with Anorexia Nervosa and those with Severe and enduring eating disorders (SEED). Dr Robinson discussed potential ways to overcome such challenges.

The afternoon symposium was equally informative, speakers discussed **Transgender issues** and the College welcomed *Ms Vanessa Lacey*, Health and Education Manager of **Transgender Equality Network Ireland (TENI)** who spoke about the needs of transgender people and their families saying:

'When it comes to LBGT issues the 'T' is sometimes a very silent 'T'.

The winner of the Poster Abstract Competition this year was Dr Gearóid Moynihan, Senior Registrar and Chair of the CPsychl Trainee Committee for his abstract: An Evaluation of Functional Mental Capacities in Forensic Mental Health Practise: The DUNDRUM Capacity Ladder Validation Study.

Notes for the Editor:

**Plenary Sessions:** 

**Brain Injury and Frontal Lobe Function,** *Dr Andrea Higgins, Senior Neuropsycholgist Bloomfield Health Services,* 

Your Training Counts-How Can We Do Even Better, Dr Aisling Campbell, Cork, Dr Gearoid Moynihan, Dr Roisin Plunkett Prof Greg Swanwick, Dublin

Adult ADHD & Transition to Adult Mental Health Services, Dr Saleem Tareen, Carrickfergus Community Mental Health Team, Co Antrim

Child and Adolescent Services in Australia, Dr Colette Halpin, Princess Margaret Hospital, Perth

PCS Workshop- a practical guide to managing continuing professional development in Psychiatry. Identifying Lifelong Educational needs for Psychiatrists *Prof Janet Grant*, *UK Dr Aoibhinn Lynch and Dr Miriam Kennedy* 

New Consultant Posts: A Users Guide, Dr Matt Sadlier, Dublin

Neuropsychiatry of Movement Disorders Dr John O'Donovan, St John Of God Hospital, Dublin

## Contact:

Niamh Mongey Communications Assistant

College of Psychiatrists of Ireland | 5 Herbert Street | Dublin 2

Tel: 01 - 661 8450 Fax: 01 - 662 9677 / 01 - 685 4291 Email: nmongey@irishpsychiatry.ie Web: www.irishpsychiatry.ie

More photos available on request