



The College of Psychiatry of Ireland
Coláiste Síciatrachta na hÉireann

'Spike Milligan' goes to Galway'

NUIG medical students win the annual Spike Milligan Public Speaking Competition run by the College of Psychiatry of Ireland

The Galway medical school (NUIG) team, Kapil Sharma and Nuala Kane are the winners of the Spike Milligan Public Speaking Competition held in the Sugar Club, Dublin which is run annually by the College of Psychiatry of Ireland. The theme this year was ***'Recession Blues - Investing in Mental Health Despite no Wealth'***. The runner-up team was RCSI's Fatima Gilani and Pushpak Gupta. Six teams of two from UCC, RCSI, TCD, UCD, QUB NUIG competed to try and win the competition which includes the perpetual Dick Joynt sculpture and a cash prize.

The Spike Milligan Public speaking competition is an award established to foster and promote communication skills among doctors in training, particularly in the area of mental health. Teams are encouraged to demonstrate clear communication skills in a way that will inspire and inform a public audience. The Award is named in recognition of the late Spike Milligan's work in de-stigmatising mental illness through his books and appearances. Spike passed away not long after he lent his name to the competition and sadly never had the opportunity to be on the judging panel.

ENDs

See Pictures attached

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